



**GREEN MOUNTAIN UNITED METHODIST CHURCH**  
 12755 West Cedar Drive Lakewood, CO 80228  
 Phone: (303) 989-3727  
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February 2026

# Window on the Hill

## Mark's Musings

I accidentally began reading a book a few weeks ago that was quite different from what I was expecting based upon my misinterpretation of the title, The Boy Who Was Raised As A Dog. I thought it was going to be a tear shedding, inspirational Mitch Albom kind of affair between a boy and his beloved dog. There were indeed both tears shed and inspiration shared, but of a different nature. In actuality, the book chronicled the lives of several terribly traumatized children (including one literally raised as a dog), and what they have to teach about loss, love, and healing. Childhood trauma, left unresolved, often translates into an overly reactive stress response to situations that otherwise healthy children consider normal and manageable.

Interestingly, organizations may also experience something quite similar, authors Dr. Bruce D. Berry and Maia Szalavitz report: *“When there are no external threats, and resources are plentiful and predictable, individuals within the group have the luxury of thinking in abstract ways to solve problems. (But) This is a very rare condition for an entire organization; some organizations are able to ‘protect’ a small group (e.g. an R & D division) within the organization to do their abstract and creative thinking but even this is very rare. When it does happen, the innovations and problem-solving focus on the future, changes within the organization are intentional, and the least powerful members of the organization (e.g. front line case workers) can be treated with flexible, nurturing, and enriching approaches.*

*(But) When resources become limited and there are economic,*

*continued on page 2*

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# NEWS & UPDATES

## Belong

### *A Time for Visitors with the Pastor Mark*



Maybe it's your very first time visiting our church. Or perhaps you've been several times and attend regularly. Pastor Mark welcomes visitors of all kinds every Sunday @ 10:00 a.m. in the Fireside Room for a 30 min Q & A before worship.

## **Mark's Musings, continued**

*environmental, or social threats, the organization becomes less capable of complex, abstract problem solving. Any 'inflections'- major changes in organizational—direction tend to be serendipitous or accidental. All government systems are usually in this state; they stumble into the future, with a focus on self-preservation. The practices and programs are responsive to the immediate future (e.g. the next funding cycle, the next election cycle) and all aspects of functioning in the group regress. The least powerful are ignored or controlled to minimize any excessive drain on the most powerful.*

*Finally, in the organization under extensive direct threat, the focus of all problem solving becomes the moment, and tends to be reactive and regressive. The more out of control the external situation is, the more controlling, reactive, and oppressive the internally focused actions of this group will become."*

A major external threat of most 21st century American Methodist congregations is declining membership and finances. Might there be some past, unresolved organizational trauma that has manifested into an overly reactive stress response to our present external threats? The Bible would simply proclaim it to be an issue of faith verses fear. Do we have faith in a loving God, proven trustworthy in provision; or fear of an often unreliable, deceptive, insensitive, and uncaring world? Organized in the spirit of the faithful Magi or the fearful Herod?

**PASTOR MARK**

## **Chili Fiesta**

Join us after church **February 8th @ 11:30 a.m.** in fellowship hall to enjoy chili and visiting with others.

Dust off your family recipe for chili and bring crock pot of ready to eat chili. **SIGN UP: on the glass wall in the narthex.**

**If you don't feel like cooking but love chili, that's fine.**

**Drinks, salad, tortillas, desserts and fixings will be provided.**

**All are welcome to join the tasty fun.**

**The Youth Group will be setting up, serving, and cleaning up.**

**This event is free.**



## Lenten Book Study

We will be reading Dr. Lacey Warner's book Knowing Who We Are. "An exploration into the values, beliefs, and practices that grew from the very beginnings of the Wesleyan Christian renewal movement, including the United Methodist legacy of compassionate care and active response to injustice in the world. 'Most of all,' Dr. Warner wishes, 'you'll find a way of being Christian that fills you with joy, moves you to follow Jesus wholeheartedly, and spurs you to live with compassion and grace.'"

**Sounds a worthy pursuit in this upcoming season of Lent.**

You may purchase a copy here at church for \$15. And, of course, its available on a number of online sites including Cokesbury and Amazon.

## Finance Updates

**Giving.** *Thanks for your financial support, it is appreciated!*

**Noisy Offering:** *Fun noise from all your coins!* **November**—\$261.13 was collected to support *Project Angel Heart*. Constituents have benefited over the years. **December**—\$114.98 for *Habitat for Humanity*. Many homes have been built with assistance from GMUMC. **January**—*A Little Help* empowers older adults to thrive in their homes & communities.

**Finance Secretary.** Cheryl Dial—email is [finance@gmumc.com](mailto:finance@gmumc.com). Please contact Cheryl if you have questions about your statement for 2026.

See table below for Financial data through December 2025.

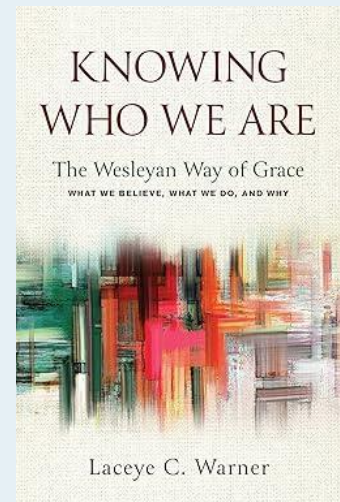
*Finance Co-Chairs are glad to answer any questions:  
Marcia Johnston-Walden or Chuck Thorman*

	Year to date	Monthly	Monthly
	12/31/2025	12/31/2025	11/30/2025
<b>Income</b>			
Giving	265,340.03	23,902.38	25,486.74
Building use/rent	78,860.29	6,212.83	7,629.95
Other	3,565.49	923.06	217.57
<b>Total</b>	<b>347,765.81</b>	<b>31,038.27</b>	<b>33,334.26</b>
<b>Expense</b>			
Salaries/taxes/benefits	229,817.22	19,201.42	19,433.77
Building & grounds	131,121.18	26,534.75	6,685.11
Mission Shares	24,999.96	2,083.33	2,083.33
Other	23,314.43	1,585.13	2,459.68
<b>Total</b>	<b>409,252.79</b>	<b>49,404.63</b>	<b>30,661.89</b>
<b>Net Loss</b>	<b>(61,486.98)</b>	<b>(18,366.36)</b>	<b>2,672.37</b>

## Pastor Mark's Bible Study

Join us Tuesdays at 10 a.m. in the Fireside Room. We are discussing various topics. Bring an open Bible, open notes, and an open mind.

**Lenten Book Study & Discussion**—every Tuesday @ 10:00 a.m. in the Fireside Room, beginning February 24-March 31.



For more information please contact Pastor Mark:  
[mark@gmumc.com](mailto:mark@gmumc.com) or  
303-989-3727

**Nancy's Happy Home Services**  
"A Flair for Organizing Your Home"

NANCY ELWOOD - Home Economist - Bonded

Organizing: Papers, Closets, Kitchens, and More!  
Food Preparation • Party Help (303) 467-7820  
Pet • House Sitting • Errands Excellent References!  
Business • House Cleaning 25 Years Experience  
E-mail: [nancywithhappyhomes@gmail.com](mailto:nancywithhappyhomes@gmail.com)

## Epiphany Service Photos. Thank you to Katy Abbott for capturing these moments!

See more photos and the cast on pages 6 and 8.





GO ELECTRIC  
COLORADO  
-goelectriccolorado.org-

EDPRATHER.COM  
REAL ESTATE  
-edprather.com-



UNION SQUARE  
NEIGHBORHOOD  
CONNECT  
-unionsquarenc.org-



### Rethink Indoor Comfort

Exploring ways to improve air quality  
and comfort at home and work

Join [GoElectricColorado.org](http://GoElectricColorado.org) and neighborhood partners for a series of free, community-centered conversations about home energy. These sessions bring practical, grounded knowledge about energy systems and the incentives currently available to Union Square residents.

*Homeowners • Renters • Business Owners • ALL are welcome!*

#### WORKSHOPS

**When:** Wednesday, February 11th & 18th @ 5:30 PM - 7 PM  
**Where:** Ed Prather Real Estate - Located on the 4<sup>th</sup> floor  
 - 274 Union Blvd #450, Lakewood, CO 80228 -  
**Cost:** FREE! Small bites and water are provided

These Q&A sessions will explore

- ✓ Home Air Sealing and Insulation
- ✓ Electric HVAC and hot water systems
- ✓ How to prepare for power outages
- ✓ Learn about available rebates and assessments
- ✓ Ask questions and discuss what makes sense for you

**RSVP TODAY!**



**CONTACT**  
[unionsquarenc@gmail.com](mailto:unionsquarenc@gmail.com)

# CELEBRATION

**Violette Stone** and the Junior Varsity Dance Team at Arvada West High School wrapped up their competition season in January.

The team placed 1st in Jazz at JeffCo League in November and 2nd in Pom at JV State in January. At their last competition the team also earned the Sportsmanship award!



## MINISTRY NEWS

### Prayer Shawls

Outreach Prayer Shawl Ministry has given 93 Prayer Shawls over the last two years to family and friends experiencing medical problems or loss of a family member. Many have expressed what a comfort it is for them to have these shawls and to feel the connection to our church and congregation. If you know of someone who would benefit from having a shawl, please contact Mary Bloomstran. We welcome anyone that would like to join in making Prayer Shawls. There is a pattern that is used, and the yarn will be provided to you.

**MARY** (mbloomstran@edgeenvironmental.com or 303-263-2906)

*Guiding members and friends to a fuller knowledge of GMUMC through information, support, confirmation, praise, and celebration.*

### GMUMC Music Thursdays

Rehearsal Times:

**Bellissimo Bells 5:30 p.m.**

**Carillon Bells 6:30 p.m.**

**Chancel Choir 7:30 p.m.**

If interested in participation, please contact:

**Choir Director**

**Charles Turley**

dr.charles.turley@gmail.com

**Bell Director**

**Janet Starkey**

janetstarkey27@comcast.net

*or join us for practice  
Thursday!*

### Blessing Box

For some of our neighbors it can be especially difficult to make the food money stretch to the end of the month.

Thank you so much for supporting Bobbi's Blessing Box. Your donations help provide the lifeline many of our neighbors need.



What are the best things to fill the box and bless our neighbors? Things you would rely on if your cupboards were bare.

### Action Center

The Action Center (located at 8755 W. 14th St., Lakewood) is always in need of volunteers, and you can sign up for just 3 hours at a time. Visit their website to find out about opportunities to volunteer in the clothing bank and food distribution. Drop off donations accepted every Monday - Friday (CLOSED on Wednesdays).

<https://theactioncenter.org/get-involved/>

## Children's Dept News

**FEBRUARY**

In December we made some **gingerbread houses**. Join us on **February 12th, 6-7:15pm, for Crafty Creations**, we're making **cardboard flower bouquets**.

Supplies will be provided, just bring your creativity! Children and adults of all ages are welcome



to join the fun. Children must be accompanied by an adult.

We celebrated **Epiphany Sunday**

**January 4th**. Thank you to every one who participated. It was a beautiful service. A special thank you to Marcia Johnston-Walden who coordinated this special annual event.

### NEIGHBORHOOD MATINEE

**-Lilo & Stitch (2025)-**

Join your neighbors for a cozy afternoon screening of the newest Lilo & Stitch movie! Come relax, laugh, and enjoy a heartwarming story about friendship, family, and ohana!



**Saturday, February 21st  
3 PM - 5:15 PM**

**Green Mountain United Methodist Church**  
12755 W Cedar Dr,  
Lakewood, CO 80228

- BYO Food & Drink (no alcohol please)
- BYO Cushions & Blankets
- Water, Popcorn & Juice
- Boxes are provided
- Movie is rated PG



[www.unionsquarenc.org](http://www.unionsquarenc.org)

**February 1st we celebrate Groundhogs Day** while learning about some prophets.

In February we will continue sharing God's love by sending **Valentines** to some of our church members who are unable to attend. The Children's department will add some personal touches to the cards before they are mailed out.

We will continue to learn about **Jesus' early ministry and his disciples**.

*Have questions? Need more information about Children's Ministries? Please contact Kim Myers at [gmumc@gmumc.com](mailto:gmumc@gmumc.com) or 303-989-3727.*



## GMUMC Youth, Grades 6-12



February 2026

### Feb 1st—Sparking Joy:

Overwhelmed with too many commitments and too much STUFF?! Today is all about getting organized with intention. Let's have fun together and explore the Marie Kondo method, the Home Edit, and

game-changing tactics! How can we use concepts from these organization gurus to change our spaces, our schedules, and our lives? Time for a fresh start!!

**Feb 8th—Chili Fiesta:** Join us for church, chili, and conversation before the Super Bowl. Any donations go to support the Youth Scholarship Fund to help YOU with college when you graduate!! We will advertise, set up, serve, and help clean up.

**Feb 15th—Game Day, Presidents Day Weekend:** Let's bust out some games and have a blast laughing together!!

**Feb 22nd—Different Love:** When you think about love, what do you think of? Today is all about challenging the ideas we have about love. We will dive into discussions about GLBTQIA+, interracial relationships, self-love, and SO much more! As always, friends are very welcome. Don't miss this incredible day!!

## Care Team

The Care Team members reach out with meals, cards, help arrange car rides, home visits, phone calls, and prayer shawls. We use the weekly bulletin prayer requests as well as any new concerns mentioned during church service as our guide. We know there is support provided by those who aren't serving on our Care Team, and we thank these 'angels' for their service as well.

The Care Team does our best to keep up with the needs of those who require support during times of difficulty. Kyla Smith serves as Chair of the Care Team. All of us work together to provide care for the community and for our church family.

**KYLA SMITH** – (303) 668-5705 or careteamgmumc@gmail.com

**\*\*We are looking for someone to co-chair the committee for this year.**

**Please let us know if you are interested!\*\***

The next meeting of the **CARE TEAM** will be in the **Fireside Room** on **March 12, 2025** after the church service. We hope to see you there as we continue in our efforts to support and care wherever needed.

## Upcoming Youth Group Events

- Mar 1st—Kindness Counts
- Mar 8th—Out of the Gender Box
- Mar 15th—Let's Get Hygge With It
- Mar 22nd—Game Day Spring Break
- Mar 29th—Palm Sunday Spring Break
- Apr 5th—No Youth, Easter
- Apr 12th—Sneaky Ninja Gnomes
- Apr 19th—Simple Treasures
- Apr 26th—99 Problems
- May 3rd—Coping Strategies

## QUESTIONS?

Contact **Alex**  
(303) 882-0006  
alex@gmumc.com

## Shared Journey

**Meeting Feb 18, 2:00 p.m.**

Please join us on the 3rd Wednesday of each month for Shared Journey, our support group for caregivers whose loved ones experience dementia. All are welcome.

Please contact Sonya Noyes (303) 985-9522.

## News from the Cedar Hill Community Garden

BY JEAN ARNOLD

The garden is part of Denver Urban Gardens (DUG) community gardens. <https://dug.org/>

**DUG has been making an impact for over 40 years.** The Cedar Hill Community Garden is part of one of the largest independent networks of food-producing gardens in the country: “DUG steward(s) 200 community gardens and food forests across seven counties in metro Denver...but DUG is about more than just gardens. We’re building an ecosystem for a thriving Denver—plot by plot, neighborhood by neighborhood.”

**The vision: Feeding our community.**

*“I hope that time spent in the garden can grow not only sustainable food but a community from diverse people and foster a sense of place that brings peace.”*

*Lori Osborn*

**The Garden is Still Sleeping. But...spring is coming.** The bees are wintering just fine with the mild winter. We are working with DUG to build three new raised bed plots to serve our waitlist and demand. We have gardeners wanting to garden in accessible plots. We will also be building a large, shared bed along the fence where EVERYONE in the community can pick tomatoes, zucchini and squash. These viny plants that take up a lot of room in a garden. Planting these prolific large plants in a dedicated bed, will give gardeners more room in their plots

**Meet a Gardener. Karen and Bob King.** Karen and Bob moved to CO from DC. Karen is a retired nurse midwife and teaches Pilates and prenatal yoga in retirement. Karen is our chief communications person — website, with DUG, with gardeners, assigns garden plots, manages the waitlist, monitors our email, etc. Bob is retired from the CIA and is our chief composter. They moved to CO because their kids and grandkids now live in CO from Castle Rock to Erie. Littleton/Lakewood is about half way between their “kids” households. If you are interested in a garden plot this season, please contact either Karen ([cedarhillgarden@dug.org](mailto:cedarhillgarden@dug.org)) or Jean Arnold ([jeanarnold@arnoldarnold.com](mailto:jeanarnold@arnoldarnold.com)) to be assigned a plot or added to the wait list. Karen just sent out the email to assess returning gardeners. Plots open every season. While waiting for a plot, there is always help needed with the oasis garden—from which everyone can pick—the pots and soon, the shared garden. Thank you, Karen and Bob for your work in the garden.

### Upcoming:

**Donations for scholarship plots.** Thank you for your past generosity. Two of the plots in the garden are scholarship plots. Scholarships will be awarded in April 2026 so if you would like to contribute for a scholarship, you can contribute \$50/plot—mark your check “Garden Scholarships.” The Cedarhill garden has some of the lowest plot fees in the DUG network thanks to your support. The garden plot costs may increase for 2026 depending on the cost of water and other supplies

### Epiphany Sunday

What a wonderful time was had by all the Epiphany participants, and the congregation. Thanks to all who made the presentation extra special.

**Mary and Joseph – Hamu and Rich;**

**Donkey – Max; Star – Jett; Star; Lights – Kim; King Carriers – Jason, Chantelle, Penny; King**

**Escorts – Aimee, Isaac, Wesley; Camel – David and Katie; Sound Booth & Organist**



## Prayer Journey for Lent—Virtual Upper Room

BY JEAN ARNOLD, CERTIFIED LAY SPEAKER

What thresholds have you crossed? What doors have you opened? Or, perhaps, you hear a knock. Have you answered the door? Knocking works both ways. We knock (Rev. 3:20). And Jesus knocks. (Luke 11 and Matthew 7:7-8). Let's answer the door together and watch the sunrise once per week for the 6 weeks of Lent. Until the sunrise of Easter—Jesus resurrection. Together we'll explore thresholds and "doors"—who knows what we'll find or who we'll meet when we knock...and answer the knock.

This Lent Season, we will practice a meditation journey—learning to recognize thresholds, doors and "knocks." Deep breaths...fellow travelers. Jesus said: "For where two or three gather in my name, there am I with them." Matthew 18:20 NIV.

Grab a cup of coffee (or tea) and join me for 30 minutes for three Wednesday mornings at 6:35 a.m. for a journey of prayer and meditation: **February 25 and March 4, 11, 18 and 25** we will gather in our virtual upper room to pray and share stories both biblical and personal using The Upper Room as our guide. You will find free copies of The Upper Room in the narthex. The Upper Room is also available, free online at the following link: <https://www.upperroom.org/devotionals>.

If you cannot commit to all five weeks, please join when you can. Even if you do not have a copy of the Upper Room or access to the online version—call in anyway as we join our prayer voices together with Christians around the world by meeting in our virtual upper room for prayer time (I will be hosting the call).

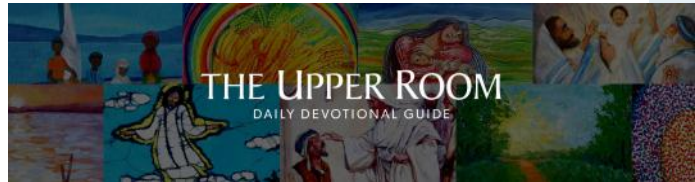
**Dial in by phone +1 929-235-8012**

**Phone conference ID: 248 604 42#**

The call is free, and our prayer and meditation time will last about 50 minutes.

**Virtual upper room meeting schedule for Lent: Feb 25 and Mar 4, 11, 18 and 25 @ 6:35 a.m.**

Questions or need a copy of the meditation for the week: Call, text or email Jean Arnold 303-257-2659 (cell) or [jeanarnold@arnoldarnold.com](mailto:jeanarnold@arnoldarnold.com).



### Stewardship Committee

encourages members and friends of GMUMC to post a positive **Google review** about our church online. This will raise our online profile for people looking for a church to visit or join.

**See "How To" on p 14!**

### Ash Wednesday service Feb 18 @12pm

All are welcome to join us for a 20 minute service marking the beginning of Lent.

The sanctuary will be open afterward for time to meditate and pray.

## United Women in Faith

**GMUMC Officers:** President—**Hamu Chigwada**  
Vice President—**Kim Myers**  
Secretary—**Penelope Mukarakate**  
Treasurer—**Brenda Bronson-Walker**

faith

action

sisterhood



United  
Women  
in Faith

### Upcoming Events

**January 31st 9 a.m.-1:30p.m.—District Mission and Mentoring** meeting in GMUMC Fellowship Hall. All women are welcome to join us. We will be collecting diapers for Love INC. Greatest need is larger sizes 4, 5 & 6. We will be providing food if you would like contribute or need more information contact Kim.

**First Wednesday, February 4th—UWFaith monthly breakfast meeting** at 9 a.m. at Le Peep. 141 S Union Blvd, Lakewood. All women are welcome to join us for devotion, prayer, and discussion. Next meetings: March 4th, April 8th, and May 6th.

**Saturday February 7—Colorado History Museum** All are welcome (women, men, children, family, and friends) to explore Colorado's history. We will meet at the church at 9:45 a.m. to carpool or you can meet us there at 10:30 a.m. Brenda Bronson has a few free admission tickets (first come basis). Please contact Brenda if you plan to attend (303-941-7634). We will return to church at 12:30 p.m.

**March—Butter Braid Sales**

**June 14th—UWFaith Sunday**

**Month of June—UWFaith hosting the Gathering Place**

## Outreach Committee

**BY MARILYN GRIEBEL**

We provided Christmas gifts for 3 families through The Action Center in December. This holiday season The Action Center served a total of 460 families, 1064 kids, gifted 1660 books, and gave 324 grocery gift cards. Thank you for being part of this effort to support our Lakewood community.

We will be doing a food drive in February for the Action Center. In the past we collected tuna. This year there has been a request to include other protein sources to be inclusive of those who don't eat fish or meat. Therefore, we will be collecting nonperishable protein foods, such as canned tuna, canned chicken, canned chili with meat...and for vegetarians, canned chili with beans, no meat. Looking ahead, we will do a Peanut Butter food drive in April and a Mac 'n' Cheese food drive in June.

**VOLUNTEER NEEDED:** Our Liaison with Habitat for Humanity has stepped down and we are asking for someone to attend the Habitat meetings every 1-2 months and communicate their needs with our church. In the past, we have helped with various projects like a house build, with volunteering time at Restore (their resale store) and helping with their Pumpkin Patch annual fundraiser. Please contact Marilyn Griebel (970-729-0712) to get more information if you might be interested in this avenue for serving our community.

### Coming Soon...Easter Flower Orders



Easter is coming soon! April 5th. Start thinking about what you may want to order for your Easter Flowering Plants this year. I will have Easter Lilies & Spring Flowering Plants to pick from. Wendy Binninger will start taking orders the end of February.



# CARE CORNER

## Please Note:

Generally, names remain on the Prayer List for four weeks. The care team regularly checks on the status of those on the list; names will remain on the list as needed. Please contact a care team member or the office manager to request changes to this list. Those experiencing loss will remain two weeks after the Memorial/Funeral service.

## Attendance

12/24.....	234
12/28.....	48
1/4.....	78
1/11.....	80
1/18.....	90

*Keeping our promises by upholding the church with...  
Our prayers, our presence, our gifts, and our service.*

## In Our Thoughts & Prayers

*For those who have experienced loss, the families of:* **Bob Arthur** (Jennifer Stenman's father). **Pam Arnold** (Rich and Jean Arnolds's sister-in-law).

*Those experiencing health concerns or difficulties in their lives:*

**Church Members:** **Georgia & Brian Lewis, Lettie Covert, Phyllis Wittrup, Velda Walters, Mary Lou Notari, Shirley Allison, Ramona Twiss, Makayla Albrecht, Kirsten Arthur, Red (Jim) Thompson.**

**Family of Church Members:** **Vonnie James**, Naomi Hilton's niece. **Taylor Merrill**, Vestals grandson. **Ava Ginde**, granddaughter of Frank & Roxanne Penn. **Richard and Karen Bard**, Harvey Meyer's brother-in-law & his wife. **Karen**, Makayla Albrecht's aunt. **Vivianne & Donn Johnston**, Marcia Johnston Walden's sister-in-law and brother. **Brenda Harding**, Charlotte Harding's daughter. **Tom & Cindi Lowary**, Jennifer Borcan's parents. **Julia Skillern**, Stacey Horne's sister-in-law. **Julie Berstein**, Jane Bernard's niece. **Barbara**, Calvin Mukarakate's sister. **Mary Chapa**, Lorna's sister. **Lachelle and Mike Beltz**, Nancy Elwood's cousin. **Marilyn Elwood**, Nancy Elwood's sister-in-law. **Florence**, Vince Allen's mother. **Bob Bowland**, brother-in-law of Nancy Carray.

**Friends of Church Members:** **Pam Williams**, friend of Stacey Horne. **Ekco**, friend Mary Bloomstran. **Arlene & son Kiel**, friends of Roxanne Penn. **Dana Brower**, friend of Donna Bunger. **Libby Mason**, friend of Stacey Horne. **Pat Johnson**, friend of Velda Walters. **Chuck Allen**, friend of Phyllis Parker. **Susie Sipos**, Lorna Chapa's friend. **Adam**, Karlynn Cory's friend. **Pastor John Buechner**, Charles Turley's friend. **Bert**, Andrew Stone's friend. **Andrea**, Angela Stone's friend.

*Our neighbors affected by the fire in the apartments next to GMUMC.  
People in Minneapolis: victims and families and those helping.*



**LIFESPARK**  
CANCER RESOURCES

LifeSpark provides Reiki and Healing Touch wellness sessions at no

charge during and after cancer. They offer in-person sessions along the Colorado front range and remote sessions across the country.

**LifeSpark utilizes room 202 in our church and has provided sessions to many of our church members and the community who have cancer.**

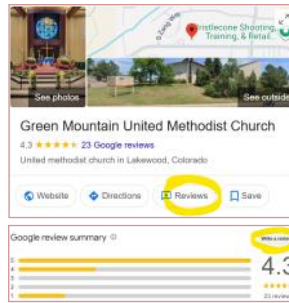
**How LifeSpark Sessions Work:** LifeSpark is a free program, their wellness therapies promote peace and healing on all levels. Adults 18 and over with any type or stage of cancer are eligible. Sessions last about an hour. LifeSpark sessions do not replace medical care, but rather support you during and after cancer treatment. *For more information or to get started contact LifeSpark at (303) 425-5670 to schedule sessions, or visit: LIFESPARKNOW.ORG*

## How To: Google Review GMUMC

\*\*To leave a Google review you do need a Google account.\*\*

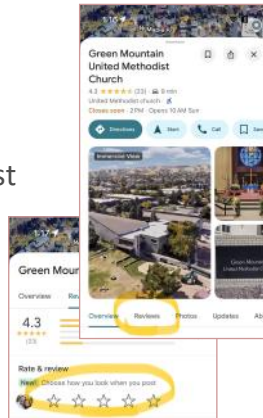
### Using a Computer:

1. Open Google Chrome Browser
2. Search "Green Mountain United Methodist Church"
3. On the right side you will see "Reviews," click the button.
4. Click on "Write a review," select your star rating and write a few sentences. Click "Post."



### Using a Phone:

1. Open Google Maps
2. Search "Green Mountain United Methodist Church"
3. Scroll down. Under the pictures select "Reviews"
4. Select the number of stars and you will be taken to the next page where you can write a few sentences. Click "Post."



## The Gathering Place

The **Outreach Committee** will host the Gathering Place this month. Please thank the following members for their work on mission projects and of course, for the great snacks for the coffee hour following church: Katy Abbott, Jean Arnold, Mary Bloomstran, Hamu Chigwada, Karl Martinez, Marsha Moore, Rilene Thompson, and Marilyn Griebel.

## GMUMC Staff Parish Relations Committee

**CO-CHAIRS: GERRY GRIEBEL & MARY BLOOMSTRAN**

### SPRC Liaisons

Kim Myers (Office Manager)

Cheryl Dial (Finance Secretary)

Melissa Sussman (Music Coordinator/Organist)

Charles Turley (Director, Chancel Choir)

Janet Starkey (Director, Bell Choirs)

Kim Myers (Director, Children's Dept)

Alex Neve (Director, Youth Group)

James O'Toole (Janitor)

Gerry Griebel

Deanna Hanna

Pete Gomez

Pete Gomez

Pete Gomez

Dixie Bowker

Phyllis Parker

Jane Bolton

## Birthdays

Robb Stenman, Feb 1

Wava Fleck, Feb 2

Marty Keating, Feb 5

Katy Griebel, Neomi Hilton & Andrew Stone, Feb 6

Ron Bernard, Feb 7

Shirley Allison, Stacey Cummins & Doug Wylie Feb 9

Gary Bowker & John Olson, Feb 10

Lyn Berry-Helmlinger & Roxanne Penn, Feb 20

Dixie Bowker & Charles Vestal, Feb 21

Betty Butler, Feb 24

Karlynn Cory, Feb 25

Harold Harmon, Evan Morrison, Jennifer Thomas & Cathy Young, Feb 26

Jim Oliver, Feb 27

Anna Branscome, Feb 29

## Anniversaries

Ron & Jane Bernard, Feb 15

Mike & Shirley Coen, Feb 28

Articles for the **MARCH 2026**

WOTH are due

**Tuesday, February 17, 2026**

Please email items to:

[wotheditor@gmail.com](mailto:wotheditor@gmail.com)

AND

[gmumc@gmumc.com](mailto:gmumc@gmumc.com)

# February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:15 a.m. Youth Group 10:30 a.m. Church Service	2 7:30 p.m. AA	3 10:00 a.m. Mark's Bible Study Fireside Room 6:30 p.m. Neighborhood Meeting (ONLINE)	4 9:00 a.m. UWFAITH Meeting @Le Peep 6:30 p.m. AA 7:30 p.m. HA	5 9:30 a.m. Quilts for Kids 5:30 p.m. Bellissimo Bells 6:30 p.m. Carillon Bells 7:30 p.m. Chancel Choir	6	7
8 10:15 a.m. Youth Group 10:30 a.m. Church Service <b>CHILI FIESTA!</b>	9 7:00 p.m. Church Committee Meetings 7:30 p.m. AA	10 10:00 a.m. Mark's Bible Study Fireside Room	11 6:30 p.m. AA 7:30 p.m. HA	12 9:30 a.m. Quilts for Kids 5:30 p.m. Bellissimo Bells 6:30 p.m. Carillon Bells 7:30 p.m. Chancel Choir	13 <<Feb 12 6 p.m. Crafty Creations	14 10 a.m. Scrapbookers
15 10:15 a.m. Youth Group 10:30 a.m. Church Service	16 7:00 p.m. Church Council 7:30 p.m. AA	17 10:00 a.m. Mark's Bible Study Fireside Room  <b>Mar Articles Due</b>	18 12 p.m. Ash Weds Service 2:00 p.m. Shared Journey 6:30 p.m. AA 7:30 p.m. HA	19 9:30 a.m. Quilts for Kids 5:30 p.m. Bellissimo Bells 6:30 p.m. Carillon Bells 7:30 p.m. Chancel Choir	20	21 3 p.m. Neighborhood Matinee Lilo & Stitch (2025)
22 10:15 a.m. Youth Group 10:30 a.m. Church Service	23 7:30 p.m. AA	24 10:00 a.m. Pastor's Lenten Book Study & Discussion Fireside Room	25 6:30 p.m. AA 7:30 p.m. HA	26 9:30 a.m. Quilts for Kids 5:30 p.m. Bellissimo Bells 6:30 p.m. Carillon Bells 7:30 p.m. Chancel Choir	27	28
1 10:15 a.m. Youth Group 10:30 a.m. Church Service 11:45 a.m. Care Team						



Green Mountain United Methodist Church

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Phone: 303-989-3727  
E-mail: [gmumc@gmumc.com](mailto:gmumc@gmumc.com)

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All Are Welcome Here!