

Open Hearts....

Open Minds....

Open Doors....

WINDOW ON THE HILL JUNE 2023

STAFF OF GMUMC

Pastor

Rev. Mark Thurman mark@gmumc.com

Associate Pastor

Rev. Debra Juarez debra@gmumc.com

Office Manager

Meg Leak
gmumc@gmumc.com

Finance Secretary

Cheryl Dial

finance@gmumc.com

Children's Director

Kim Myers kim@gmumc.com

Youth Director

Alex Neve alex@gmumc.com

Music Coordinator/Organist

Melissa Sussman mucikmama@yahoo.com

Chancel Choir Director

Bill Loper williamloper@me.com

Bell Choirs Director

Janet Starkey janetstarkey27@comcast.net

Nursery Director

Cherie Werkhoven werkhoventc@aol.com

Custodian

James O'Toole

Mark's Musings	Page 1
Adult Education	Page 2
Announcements	Pages 3-8
Children's News	Page 9
Youth News	Page 10
Service, Concerns, &	
Celebrations	Page 11
Care Corner	Page 12
Calendar	Page 13



GREEN MOUNTAIN UNITED METHODIST CHURCH

12755 West Cedar Drive Lakewood, CO 80228 **Phone: (303) 989-3727** Fax: (303) 987-9220

Pastor: Reverend Mark Thurman Associate Pastor: Reverend Debra Juarez

Guiding members and friends to a fuller knowledge of GMUMC through information, support, confirmation, praise, and celebration.

Mark's Musings









Denver has the most balanced span of seasons I've ever had the pleasure to experience. Unlike Montana, whose winters are much too long while summers are far too short, (or Texas, if you prefer, but with the situation in reverse!), Denver mostly manages to get it right.

About the time we begin to grow tired of the current season, we can always count on the next one being right around the corner. This is especially comforting when one season overstays its welcome, like this year's winter. It was actually on one of those sub-zero mornings a while back when I drew resilience in the fact that creation is always in process, regardless of how difficult it sometimes is to observe on the surface, and that winter would indeed eventually give way to spring as it always does, as is its natural cycle.

Which season do you most look forward to and welcome with gratitude; and which one are you glad to bid farewell? (I'm a 'hello, autumn' and 'goodbye, summer' man myself.)

But now consider the same question relative to all kinds of other seasons: the turning seasons of work or school or (on a larger scale) the country; the seasons of one's personal life; even the various ministries of our church- outreach and mission, education, worship, fellowship.

What season might they currently be in, or are in transition to and from?

And, finally, where may the movement and direction of the Spirit be discerned in these current climates, whether as obvious as a blustery northern gale in the dead of a winter's night, or perhaps just a whisper of a cool breeze on an otherwise sultry summer day?

Pastor Mark





ADULT EDUCATION

Due to the Annual Conference and vacations, Rev. Debra's class won't be meeting in June. Watch for information about July and August.

Rev. Debra Juarez

Associate Pastor Green Mountain UMC

Email: <u>debra.@gmumc.com</u> Cell: (303) 570-5180

FROM THE TRUSTEES:



It was wonderful to have such a great turnout of workers for **Grubby Sunday**. Thanks to all for the enormous amount of work that was accomplished. We were unable to have our twice yearly work afternoons while COVID was rearranging our lives, so many areas of the church did not have the usual upkeep during this period. It would be great to acknowledge those who worked, but then we would surely miss a few names!

Here are the things that got the most action:

- > Bushes on the west side got serious haircuts with a hedge trimmer
- Sanctuary pew racks were organized
- Gathering Place supply closet was organized
- Choir room and music were organized
- Kitchen was cleaned and organized
- Columbarium plants and trees were trimmed
- > The accumulation of wood and metal left by others than GMUMC in the dumpster area was sawed and put in the dumpster

These few sentences barely describe all the work that was done to make the church look clean and well maintained.

Again... thanks to all who participated on Grubby Sunday.

The Trustees





WORSHIP ANNOUNCEMENT:



The 8:00 a.m. worship service is being discontinued following the final gathering on Sunday, May 21, 2023. Thanks to all those who supported the service over the years, in-person or virtually on Zoom. Remote viewers are invited to attend the 10:30 service virtually via live stream (also recorded on our website and Facebook account.) The link may also be found in the weekly mass emails from the church office.



BOBBI'S BLESSING BOX

Here is a list of items that seem to be favorites:

Macaroni and Cheese

Peanut Butter

Soups – condensed and regular

Dry Pasta

Spaghetti Sauce

Meats in a Can – Sloppy Joes, Manwich, Spaghetti & Meatballs,

Dressing Ravioli

Rice

Beans - dry, canned, refried

Canned Vegetables – favorites: Green Beans, Corn, Tomatoes,

Potatoes

Packets of Meals – Au Gratin Potatoes, Stroganoff, Hamburger

Helper. Skillet Meals

Ramen/Cup o Noodles

Canned/Packets Meats - Tuna,

Chicken Crackers (any type)

Cereal

Oat

Milk – Dry or in a Carton (refrigerate after opening)

Flour

Coffee

Геа

Salt, Pepper, Seasoning Packets

Salad

BBQ Sauce

Snacks – single serving crackers, fruit snacks, popcorn,

pudding, Jell-O gelatin and candy

Thank you, Donna Bunger





All are invited to join us at GMUWFAITH's Annual Virginia Held Fried Chicken Picnic

Green Mountain United Women in Faith (GMUWFAITH- formerly GMUMW) normally has monthly meetings at IHOP-Lakewood Commons on the first Wednesday of each month at 9:00 a.m.

However this June will be a delicious exception.

Instead of our IHOP breakfast meeting, we are having our annual <u>GMUWFAITH's"Virginia Held fried chicken picnic</u> <u>lunch"!</u> and you are invited. It is named to honor Virginia Held, the wonderful "United Methodist Woman" who founded our UWFAITH group many years ago at GMUMC.

This will be the first picnic we've had after the pandemic. Please join us!

WHEN? First Wednesday in June - June 7, 2023

TIME? Starting at **11:30 a.m.**

WHERE? GMUMC - Our church's Community Garden around its picnic table.

HOW? UWF will provide the fried chicken from King Soopers (Brenda will order it & bring it).

Each of us attending will bring a side dish or dessert to share.

Please bring your own drink.

Extra portable chairs in case will be available if needed.

Our UWF unit is small but we're "reactivating" after the pandemic. We recently began leading our church in an exciting project - helping sponsor a refugee family through International Rescue Committee (with Arvada United Methodist Church).

Come picnic with us!



UWFAITH's motto - We believe love in action can change the world

For more information Brenda Bronson at 303.941.7634 or brendabronsonfpe@gmail.com



SHARED JOURNEY

Our support group for caregivers with loved ones experiencing dementia is open to all. We meet on the 3rd Wednesday of the month. Place to be determined.

For more information, contact Sonya Noyes 303-985-9522.



Action Center Donations and Volunteer Opportunities

T-Shirts for the Action Center. We will be collecting old T-shirts for the Action Center – the old T-shirts are made into shopping bags for participants at the Action Center. Please place your old T-shirts in the box in the coat room next to the Gathering Place. T-shirts with advertising or other words/sayings are welcome.

The Action Center is now taking all seasonal clothing donations and also donations of blankets and linens as well as non-perishable food. Visit their website for donation drive thru times.

The Action Center is always in need of volunteers, and you can sign up for just 3 hours at a time. Visit their website to find out about opportunities to volunteer in the clothing bank and food distribution. https://theactioncenter.org/get-involved/



GMUMC Online Directory

There are two ways to access the church online directory with pictures of members, their phone numbers, and emails. The church office will need to have put your information into the directory in order for you to open and use directory.

Here are the two methods.

- Go to the church website, gmumc.com, and click on "directory" which is on the bottom bar of the home page. You may either download or open the directory. You will need the church password, so call the church office at 303-989-3727 to obtain the directory password.
- 2. Download the app on your smart phone or tablet: Instant Church Directory by Communication Resources (a yellow church icon). The app will ask for your email address (which must be in the directory), and then you can set a password. You can get the app on Google play, the Kindle store, or the Apple store.

VOLUNTEER RESPONDERS

There are many opportunities to be of service to others through our church activities. People are needed and invited to join the choir, to usher and greet on Sundays, help with pot lucks and receptions, help host the after church coffee hour.

Volunteers may be called to serve a meal to someone in need, to transport someone to a vital appointment or make phone calls to new people or shut ins. It is a great way to meet new people and help others.

If you would like to have more information about something that interests you, please get in touch with one of the following: Meg Leak - Church Office Manager - 303-989-3727

Mary Bloomstran Thomas - Outreach Committee, 303-263-2906 or

Marylane Eddy-Scott, Lay Leader. 540-538-1133



LifeSpark Cancer Resources

LifeSpark Cancer Resources is a Colorado non-profit organization that uses Reiki and Healing Touch wellness therapies to bring peace and healing to individuals with cancer. Sessions are offered at partner locations including hospitals, spas, and churches, as well as remote locations. For many years Green Mtn. UMC has hosted LifeSpark massage sessions in a room opposite the church nursery in the lower west building.

How LifeSpark Sessions Work:

- *LifeSpark* wellness therapies promote peace and healing on all levels.
- Adults 18 and over with cancer are eligible: any type or stage of cancer.
- Receive 8 weeks of healing sessions, scheduled at a time convenient for you.
- You'll be matched with an experienced healing touch or Reiki provider.
- Caregivers are eligible (family members who take care of a cancer patient)
- *LifeSpark* is a free program.
- *LifeSpark* sessions last about an hour.
- LifeSpark sessions do not replace medical care, but rather support you during and after cancer treatment.

Contact LifeSpark at 303-425-5670 to schedule sessions.

LIFESPARKNOW.ORG



CRAFT FAIR

Saturday, September 9, 2023

Applications for table space for our craft fair are located in the church lobby or by contacting Wendy Binninger at (720) 273-0629 to get one sent to your email address.

Please notify any of your friends that might be interested in applying for space at our craft fair. With limited tables, we should have enough for all church members, however when all tables are reserved, vendors will need to supply their own tables for their space.

Sign up early to reserve your table. Applications are due by Friday, June 30th.

For additional information and/or questions,
Please contact Wendy Binninger
(720) 273-0629

PLEASE NOTE:

Due to Summer Vacation schedules, we will be combining the July and August issues of the Window On the Hill. So, please submit articles for both July and August by Sunday, June 18, 2023. Thank you very much.





News from the Cedar Hill Community Garden

The garden is part of Denver Urban Gardens (DUG) community gardens. Note: the garden is always unlocked so feel free to visit at any time.

The vision: Feeding our community. "I hope that time spent in the garden can grow not only sustainable food but a community from diverse people and foster a sense of place that brings peace." Lori Osborn

The water is on and the 20 garden plots are under cultivation. We had our first garden work day May 20, 2023 with 20+ participants for our 4th growth season. Many hands make like work (plus goodies to munch). 18 bags of leaves were mulched for the garden plots and compost pile – until the battery ran out on the mulching mower we borrowed. Jewell Phipps donated 25+ blue pots from her garden to be used in the Community Garden for container gardening and to grow grapes and hops on the shade pergola. Thank you Jewell (Mom ②). It took three vehicles to haul them to the garden during the work day.

Garden Plots. All of the plots are now full. Some may open in 2024 and if you would like to be put on the wait list contact co-garden leader Ali Young (mustang.ali@hotmail.com) to be added to the list.

Bees. Our bees did not survive the -20° weather this past winter and we are still assessing what to do this season. Ali and her bee keepers may reestablish the hives this Spring, but they're still deciding. If you would like to learn about bee keeping or help with the hives, contact Ali (mustang.ali@hotmail.com) for more information. You do not have to have a plot in the garden to work with Ali and her team of beekeepers.

What we need:

- Mulching mower The mulching mower we borrowed worked great on the donated leaves. We would like to have one
 for the garden if there is someone out there with a mulching mower. We use them on the donated leaves and green
 weeds to create the browns and greens needed to make compost.
- Garden tools Thank you to all of you who have donated your garden tools! You know who you are. As you work in
 your gardens, downsize or clean out your garages and sheds or simply upgrade your own tools please think of the
 Garden and donate your used hand tools, rakes, shovels, wheelbarrows, etc. Any extra tools will be donated to DUG for
 other Community Gardens.
- Bricks The brick fund raiser is still on going. Jean Arnold is not taking any more orders at this time but will resume
 taking orders in the Fall after the first of the bricks are installed. Our Eagle Scout is now planning to assist on brick
 installation so stay tuned.
- Donations for scholarship plots. Two of the plots in the garden are scholarship plots. Thank you for your 2022 donations making these plots possible for gardeners in 2023. The cost to support a scholarship plot is \$50 / plot and we will accept donations for the 2024 scholarships. In the months ahead, I'll feature some of our gardeners and their stories.

Jean Arnold

King Soopers Community Rewards



As many of you know King Soopers has ended its gift card program. In its place, they have initiated the Community Rewards Program. This is a just a reminder for those of you who need to link their SooperCard, so that the church will still be getting money for your shopping at King Soopers

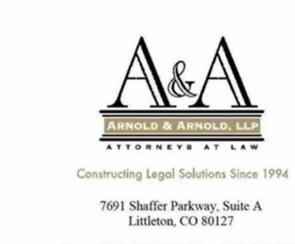
You will need to create a digital account by going to www.KingSoopers.com/CommunityRewards.

You will then select **Create an Account**. Under sign-in information, enter your email and create a password (write down your password, you will need it in step 2). Select 'Use Card Number' and enter your SooperCard Number or Alternate ID, last name, and zip code. Under 'Select your Store,' enter your zip code and then select 'Find Stores.' Choose your store and then select 'Create Account.' Once you get the welcome email, then you can go back in clicking on the link in the email and finish creating your account.









Phone: (720) 962-6010 / Fax: (720) 962-6011 Toll Free: (866) 962-6010

www.arnoldarnold.com

Jean C. Arnold, Richard M. Arnold Terry Ehrlich, Scott Havn and Joshua T. Keltner

Estate Planning & Probate Administration; Elder Law; Real Estate Law; Family Law; Construction Law & Mechanic's Liens; Collections & Bankruptcy Creditor Representation; Mediation and More

Children's Department

We have had a great school year and learned many things about the life of Jesus and being a Christian. This summer we will have fun exploring the Old Testament.



Thanks to the generosity of our church members the children are able to help so many people by purchasing the following animals:

A goat, a pig, a water buffalo, baby ducks and chicks and honeybees.

Thank you all for supporting our service project.

We have some many busy families this summer that trying to arrange Vacation Bible School when the children can attend, and we can get volunteers would be difficult. We will make an online virtual VBS so families can access it when it is convenient for them. I will provide additional material needs for crafts, worksheets etc.

I look forward to seeing you all when you can come to Sunday School this summer.

Kim Myers, Children's Director





Wed, June 15th

DQ Chill Together Night

6 - 7:30 pm

Come join us for a cone (or whatever) and hang out! This is a great night for us to connect and enjoy some time together! We will meet at the Dairy Queen at 1010 S. Union Blvd. (80228) near Mississippi Ave.!

July or August (TBD) Mission Project - Water Fight Party

6 - 8 pm

Summer always brings long days and tons of heat! So let's throw a really fun event for the church and the community by setting up a Water Fight Party! We will meet at the park before the event to set up supplies and then clean up after the event too! The actual Water Fight Party will be scheduled for 6:30 - 7:30 pm. We will meet at Rocketship Park (also known as Jackson Park at Green Mountain Drive and Union Blvd. at 6 pm and hopefully be done with clean up by 8 pm. If it is in August, we will move it up a half hour since the sun sets earlier. We are working with the city of Lakewood to get the park reserved. When the city gives us availability information, we will set a date!

July or August (TBD)

Coffee and Games

6 - 7:30 pm

If the city of Lakewood allows us to use the park in July, we will plan this event for August. If the park is available in August, we will do this event in July! For Coffee and Games, we will meet at the Starbucks off Alameda at 12408 W. Alameda Pkwy, 80228. Tonight is about connecting, playing together, and enjoying some coffee!

If you have any questions please contact Alex at: 303-882-0006.















Carol Schattinger	06/04
Taylor Neve	06/04
Rilene Thompson	06/05
Julia Montano	06/06
Phyllis Wittrup	06/06
Dee Morse	06/07
Katie Bernard	06/08
Michael Coen	06/09
Reneé Parker	06/09
Erik Evans	06/10
Vicky Hamilton	06/10
Marge Rudolph	06/11
Sherry Coulter	06/11
Aaron Nichols	06/12
Sharon Berry	06/12
Bonnie Haase	06/14
Chuck Thorman	06/14
Phyllis Parker	06/16
Allan Arnold	06/17
Jacob Olson	06/17
Isaac Wondel	06/18
Bob Walcott	06/19
Jack Branscome	06/19
Harry Thomas	06/21
Brooke Berry-Wolf	06/23
Brian Snow	06/24
Eric Morrison	06/26
Mark Thurman	06/26
Jackson Fleck	06/27
Quinn Bride	06/30



Walt & Marge Rudolph	06/02
Christopher & Marsha Carey	06/08
Doug & Mary Wylie	06/08
William Thomas & Mary Bloomstran	06/09
Joel & Lorna Chapa	06/12
Emery & Carol Schattinger	06/12
Dee & Jody Morse	06/14
Ken & Brenda Bullard	06/18
Duane & Kathy Patterson	06/20
Gary & Dixie Bowker	06/21
Ruth Alminas & Andy McGarry	06/25
Harold & Karen Harmon	06/26
Frank & Velda Walters	06/26



CONGRATULATIONS TO

Annika Horne, Mady Allen, & Evan Morrison – High School Graduates and 2023 GMUMC Scholarship Recipients



Chuck Thorman, Annika Horne, Mady Allen, & Evan Morrison – Sunday, May 21, 2023

Our Care Corner

Keeping Our Promises

By Upholding the Church with...

Our prayers, our presence, our gifts, and our service.





For those who have experienced loss:

The family of:

Barb Tobiska Helen Young, cousin of Nancy Elwood

Those experiencing health concerns or other difficulties in their lives:

Church Members:

MaryJane Eddy-Scott Phyllis Wittrup Patrick Sullivan Jean Dinwiddie Ima Jean McKenna Melyn Dare Carol Fox Lettie Covert

Family of Church Members:

Audrey Reiman, Donna Bunger's aunt Vonnie Jones, niece of Neomi Hilton & Ramona Twiss

Friends of Church Members:

Sam, friend of Mallory Taylor Arlene Hovland, friend of Roxanne Penn Donald Jefferson, father of Phyllis Parker's niece Debbie Carrick, friend of Lorna Chapa

Remember these people in your prayers. Let us continue to pray for:

Jim Arnold, brother of Rich Arnold
Virginia Sorenson, sister-in-law of Frank & Roxanne Penn
Cherie Williams, friend of Jean
Susan, daughter of Anna Myers
Cody Wirth, friend of Brenda Christy
Caroline Clovesko, Kristen Allen's mother
Kinsasha & Kahlia Zamora, great-granddaughters of Edith
Gammon

Bernice Arsenault, mother-in-law of Francis Arsenault

Bernice Arsenault, mother-in-law of Francis Arsenault Patrick Wendy, relative of Marcia Johnston-Walden Reverend Bob Titus

Ashlie Torbic, young friend of Thayne & Sherry Coulter Linda, Vicky Hamilton's sister Laura Inzano, friend of Marsha Moore Jeanne Faulkner, friend of Marsha Moore Taylor Merrill, Charles & Madelene Vestal's grandson Evan & Danielle, Marsha Carey's son & daughter-in-law

Joni Wick, friend of Rich & Jean Arnold
MJ Paulsen

PLEASE NOTE:

Names will remain on the Prayer List for four weeks unless you notify the church office to remove them sooner. If you wish to have someone on the Prayer List for longer than four weeks, his/her name will be added to the Long-Term Prayer List that is published in the church bulletin.

Prayers for those serving in the military, their families and all first responders and their families.



ATTENDANCE				
DATE	8:00am	10:30am		
04/30	5	92		
05/07	4	100		
05/14	4	96		
05/21	6	60		



JUNE 2023



Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3
7:30 p.m. AA	6	7	8 9:30 a.m. Quilts for Kids	9	10
7:00 p.m. Committee Meetings Outreach Committee Meeting	13	14	9:30 a.m. Quilts for Kids 6:00-7:30 p.m. Youth Group DQ Chill Together	16	17
7:00 p.m. Church Council Meeting 7:30 p.m. AA	20	21 Summer Solstice First Day of Summer 10:00 a.m. Shared Journey	9:30 a.m. Quilts for Kids	23	24
26 7:30 p.m. AA	27	28	29	30	
	7:30 p.m. AA 7:00 p.m. Committee Meetings Outreach Committee Meeting 7:30 p.m. AA 19 7:00 p.m. Church Council Meeting 7:30 p.m. AA	5 7:30 p.m. AA 12 7:00 p.m. Committee Meetings Outreach Committee Meeting 7:30 p.m. AA 19 20 7:00 p.m. Church Council Meeting 7:30 p.m. AA	5 7:30 p.m. AA 12 7:00 p.m. Committee Meetings Outreach Committee Meeting 7:30 p.m. AA 19 20 21 Summer Solstice First Day of Summer 7:00 p.m. Church Council Meeting 10:00 a.m. Shared Journey 7:30 p.m. AA 26 27 28	1 1 1 1	1 2 2