



Open Hearts....

Open Minds...

Open Doors...

**WINDOW ON THE HILL
JULY 2022**

**GREEN MOUNTAIN
UNITED METHODIST CHURCH**

12755 West Cedar Drive
Lakewood, CO 80228
Phone: (303) 989-3727
Fax: (303) 987-9220
Email: gmumc@gmumc.com

Reverend Mark Thurman, Pastor

*Guiding members and friends to a fuller knowledge of GMUMC
through information, support, confirmation, praise, and celebration.*

Staff of GMUMC

Pastor

Rev. Mark Thurman
mark@gmumc.com

Children's Director

Vacant

Youth Director

Alex Neve
alex@gmumc.com

Office Manager

Meg Leak
gmumc@gmumc.com

Finance Secretary

Kent Bates
kent@gmumc.com

Custodian

James O'Toole

Music Director

Bill Loper
williamloper@me.com

Hand Bell Director

Janet Starkey
janetstarkey27@comcast.net

Organist

Melissa Sussman
mucikmama@yahoo.com

Nursery Director

Cherie Werkhoven
werkhoventc@aol.com



Mark's Musings

I love to hike in the summer. If you're reading this on the weekend, there's a good chance I'm probably up in the nearby mountains somewhere, at least until Sunday morning rolls around. And because July is the month for traveling, whether it's simply a local day hike or an extended out of town vacation, I hope you'll find the following story worthy to ponder:

Two monks were on a journey, traveling by foot. As they approached a river, they saw a woman struggling to ford. After accepting his offer to help, the elder of the two monks lifted her in his arms and carried her safely across. She bowed in gratitude and headed off one way as the monks continued on their path.

Later that afternoon, the younger of the two monks could no longer contain his emotions: 'Master, our vows forbid our interaction with women, yet you actually carried one across the river! How could you have done such a thing?' To which the Master replied, 'But my son. I put her down hours ago. Why are you still carrying her around?'

As the old African-American spiritual affirms: 'Gonna lay down my burdens, down by the riverside... ain't gonna study war no more.'

What is it that you're still carrying around that has become burdensome to your spiritual progress and to the general peace?

Pastor Mark



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Please join us

Green Mountain United Women in Faith

Sunrise Breakfast

Thursday, July 7, 2022

8:30 a.m. IHOP-Lakewood City Commons

Anna Myers, Carolynn Wrapp, Brenda Bronson, ClaraLou Humphrey, Ann Topliff, Phyllis Wittrup, & Barb Stoddard



BOBBI'S BLESSING BOX

Here is a list of items that seem to be favorite:

Macaroni and Cheese
Peanut Butter
Soups - condensed and regular
Dry Pasta
Spaghetti Sauce
Salsa
Cereal
Oats
Meals in a Can - Sloppy Joe, Manwich, Spaghetti & Meatballs,
Ravioli
Rice
Beans - dry, canned, refried
Canned Vegetables - favorites Green Beans, Corn, Tomatoes,
Potatoes
Fruit - canned and single snack packs
Packets of Meals - Au Gratin Potatoes, Stroganoff, Hamburger
Helper, Skillet Meals

Ramen/Cup o Noodles
Canned Meats - Tuna, Chicken (or in packets), any type
Crackers
Milk - Dry or in a Carton (refrigerate after opening)
Sugar
Flour
Coffee
Tea
Salt/Pepper
Seasoning Packets
Snacks - single serving crackers, fruit snacks, popcorn
Jell-O - Gelatin and Pudding
Salad Dressing
BBQ Sauce
Candies

Thank you, Donna Bunger



Action Center Donations and Volunteer Opportunities

The Action Center is now taking all seasonal clothing donations and also donations of blankets and linens as well as non-perishable food. Visit their website for donation drive thru times.

The Action Center is always in need of volunteers, and you can sign up for just 3 hours at a time. Visit their website to find out about opportunities to volunteer in the clothing bank and food distribution. <https://theactioncenter.org/get-involved/>

MARSHALL FIRE RECOVERY



Below is the link for Marshall Fire Recovery Website for those interested in assisting those in need:

<https://www.bouldercounty.org/disasters/wildfires/marshall/>



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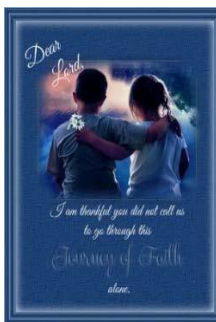
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SHARED JOURNEY

Our support group for caregivers with loved ones experiencing dementia is open to all. We meet on the 3rd Wednesday of the month. Place to be determined.

For more information, contact Sonya Noyes 303-985-9522.



I would like to start putting the **MAY-AUGUST Dinner for Eight** groups together. This process takes time and I need your help. Please let your current Team Leader or me know if you would like to continue participating, rejoin, or leave DINNER for 8.

IF YOU ARE NEW to GMUMC, we meet once a month at a local restaurant to dine and socialize. It is a great way to get to know others from our church. Each group has 7 or 8 people, with a mixture of couples, singles, and occasionally their children. The Team Leader and members of each group decide what days, times, and places work best for them and set up each dinner together. It is also a good opportunity to try new cuisines or suggest your favorite foods or restaurants, and enjoy an evening of Fellowship, especially now that the restaurants are opening up again.

New groups are formed every four months, giving you the chance to get to know more people. If you are interested in trying out or joining **DINNER for EIGHT**, or you have questions about what we do or how it works, contact **Darline Bowland** at darlinebowland@gmail.com or 303-987-1219.

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Habitat for Humanity has long been a vital service project at GMUMC. We are currently in need of someone to represent our church with Jeffco Interfaith Partners to serve as our liaison for communication, building projects and fundraising efforts. A huge thank you to Mark and Lori Osborn for their outstanding leadership in this position in recent years! Please contact Mary Bloomstran with questions or for more info or the church office at 303-989-3727.

Habitat for Humanity has 7 slots available for volunteers **Saturday, August 13 at the New Construction Site, Aria Homes from 7:45am-3:30pm**. If you desire to volunteer please register using the following link: [Habitat for Humanity of Metro Denver \(volunteerhub.com\)](https://volunteerhub.com). **All participants must register online at least two weeks in advance.** For more information please contact, Karl Martinez (karl_martinez@comcast.net).



Cedar Hill Community Garden at Green Mountain United Methodist Church

(part of Denver Urban Gardens (DUG) community gardens)

The garden is always unlocked, so please feel free to visit anytime.

"Planting seeds for the future."

Jean Arnold, Outreach and Garden Liaison

The vision: Feeding our community. *"I hope that time spent in the garden can grow not only sustainable food but a community from diverse people and foster a sense of place that brings peace."* Lori Osborn

The pollinator garden is filled with perennials, and you can observe nature's progress. All are invited to come into the garden for a respite and to just *be* – no matter the season.

Garden plots. If you would like a garden plot for the 2022 growing season, please contact co-garden leader **Ali Young** (mustang.ali@hotmail.com) to be added to the wait list. Once the wait list reaches 10 people, we will close the list until the 2023 growing season. We expect to have 2-4 plots available in the 2022 season. Ali is coordinating garden plot assignments.

What we need:

- **Garden tools** – As you start working in your own garden – or you are downsizing – please think of the Garden and donate your used hand tools, rakes, shovels, wheelbarrows, etc. Any extra tools will be donated to DUG for other Community Gardens this spring.
- **Bricks** – The brick ongoing fund raiser. We anticipate installing the bricks in the spring/summer now that the fencing, compost bins and shade pergola are in (see below). **Denver Urban Gardens (DUG) Construction.** The bricks will be installed by a professional contractor, who met with Jean Arnold in August 2021. And we can continue to install bricks where we have blanks into the future.

Check out the website (under construction by co-garden leader Stacey Cummins) at:

<https://communitygardengmu.wixsite.com/cedarhill>



Fundraising Bricks

Lori Osborn and Jean Arnold will be in contact with you if you have not provided the "words" you want on your bricks. We will be ordering bricks for delivery a few weeks before they are to be installed. If you have not ordered a brick but have been meaning to do so – it's not too late. Contact **Lori Osborn**.

You can order bricks at any time to support the garden. The bricks will be installed once the heavy work is done. Please contact **Lori Osborn** (lorioho@icloud.com or 303-986-8802) to purchase a brick. Order forms are on the program table outside the Gathering Place.

- \$100 per 4 X 8 brick + \$10 for clip art.
- \$200 per 8 X 8 brick + \$10 for clip art.

King Soopers Community Rewards



As many of you know King Soopers has ended its gift card program. In its place, they have initiated the Community Rewards Program. This is a just a reminder for those of you who need to link their SooperCard, so that the church will still be getting money for your shopping at King Soopers.

You will need to create a digital account by going www.KingSoopers.com/CommunityRewards.

You will then select **Create an Account**. Under sign-in information, enter your email and create a password (write down your password, you will need it in step 2). Select 'Use Card Number' and enter your SooperCard Number or Alternate ID, last name and zip code. Under 'Select your Store', enter your zip code and then select 'Find Stores'. Choose your store and then select 'Create Account'. Once you get the welcome email, then you can go back in clicking on the link in the email and finish creating your account. Then click on the Community Rewards link on the left hand side and either search by Green Mountain United Methodist Church or use this number to find us: RK117, which is our organization code. Any questions, please call the church office for assistance.



CHILDREN'S NEWS

JULY

If you have interest in working with the children on a volunteer basis, please reach out to Alyssa Olson at amolson811@gmail.com or 602- 733-0465. You will be required to complete a background check and short training, but the amount of fun and gift of growing our children's ministry will more than compensate for that!

Blessings,
Alyssa Olson



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SOLOs Lunch Group

SOLOS is a group of women, 55 and above, who meet socially on the 3rd Friday of the months, September through May.
If you have questions, please call
Linda Dahlke at (303) 984-1994.



Sun, July 10th Mission Project - Help for the Homeless Packs 10:15 - 11:15 am

Since summer brings seasonal jobs, family vacations, summer camps, and tons of sports, we are offering two different Mission Project opportunities this year. Two months, two different days of the week, and TWICE the impact for our community. Hopefully you can make BOTH events! On July 10th, we will assemble bags to help the homeless. Then we will take a couple bags that we can keep in our cars and give out to people who are homeless. We will leave some bags for the church to share with homeless people in our community too!

Wed, August 3rd Mission Project - Sunshine Boxes 5 - 8 pm

Mission Project Part 2 with MORE fun and MORE service!! This event is all about finding some sunshine! We will shop for yellow items and put together boxes of sunshine for people going through a dark time. Those receiving these boxes may be going through a divorce, the loss of a loved one, unemployment, a chronic illness, or some other struggle. Bring masks and snacks to enjoy as we do this service project! We will also pick up a pepperoni pizza to share while we talk about and assemble our boxes.

Youth Kick-off will be **Sun, September 11th!** We are thinking about moving Youth Group to Sunday mornings during worship. I would love to hear Youth families' feedback on this proposed change!

If you have any questions please contact Alex at: 303-882-0006.

OUR SERVICE, CONCERNS, CELEBRATIONS



| | |
|----------------------|-------|
| Anna Young | 07/01 |
| Mark Gracey | 07/01 |
| Reegan Bride | 07/01 |
| Ben Turner | 07/04 |
| Cassie Turner | 07/06 |
| Victoria Gemma | 07/06 |
| Annika Horne | 07/07 |
| Melanie Stickler | 07/07 |
| Velda Walters | 07/08 |
| Shirley Coen | 07/12 |
| Kim Renaud | 07/13 |
| Kris Little | 07/14 |
| Lynne Smithpeter | 07/15 |
| Harvey Meyer | 07/16 |
| Nathan Medina | 07/16 |
| Mary Jane Eddy Scott | 07/18 |
| Darline Bowland | 07/19 |
| Gerry Rickett | 07/19 |
| Maxwell Mukarakate | 07/19 |
| Randy Wypiszynski | 07/19 |
| Carlos Warclub | 07/20 |
| Josiah Myers | 07/20 |
| Darrel Schnase | 07/21 |
| Carol Gettle | 07/22 |
| Ray Dockter | 07/22 |
| Amanda Glasco | 07/24 |
| Georgia Lewis | 07/24 |
| Gail Murphy-Geiss | 07/25 |
| Brad Gutknecht | 07/26 |
| Gerrit Borcan | 07/26 |
| Nancy Taoka | 07/26 |
| Brian Lewis | 07/27 |
| Ray Kagiya | 07/27 |
| Roger Haden | 07/27 |
| Kristofer Notari | 07/31 |
| Marsha Carey | 07/31 |



| | |
|--------------------------|-------|
| Gary & Melissa Sussman | 07/01 |
| Mark & Judy Thurman | 07/04 |
| Andy & Jennifer Thomas | 07/06 |
| Greg & Nora Montano | 07/07 |
| Ray & Gloria Dockter | 07/09 |
| JW & Deborah Hindman | 07/18 |
| Tim & Tania Moore | 07/20 |
| Nick & Erica Anderson | 07/26 |
| Brian & Lesley Chevalier | 07/27 |

Our Care Corner

Keeping Our Promises

By Upholding the Church with...

Our prayers, our presence, our gifts, and our service.



For those who have experienced loss:

The Family of:

Rev. John Foreman

Reiko Urano, cousin of Mary Lou Notari
Sharon Sheppard, Neighbor of the Notari Family

Those who are experiencing health concerns or other difficulties in their lives:

Church Members:

Edith Gammon Carol Fox Pat Harris
Ann Topliff Georgia Lewis Darline Bowland
Patrick Sullivan Vivian Tanner Patti Hildenbrandt

Family of Church Members:

Jim Arnold, Rich Arnold's brother
Donald Anderson, Kirsten Arthur's brother
Crystal, Ramona Twiss' daughter
Rose Camporini, Anna Myers' sister

Friends of Church Members:

Bonnie, friend of Nancy Elwood
Sandra Dukes, best friend of Phyllis Parker's niece

Remember these people in your prayers.

Let us continue to pray for:

Virginia Sorenson, sister-in-law of Frank & Roxanne Penn
Cherie Williams, friend of Jean
Jerry Seiner, friend of Vestals
Susan, daughter of Anna Myers
Cody Wirth, friend of Brenda Christy
Caroline Clovesko, Kristen Allen's mother
Kinsasha & Kahlia Zamora, great-granddaughters of Edith Gammon
Bernice Arsenault, mother-in-law of Francis Arsenault
Patrick Wendy, relative of Marcia Johnston-Walden
Rev. Bob Titus
Ashlie Torbic, young friend of Thayne & Sherry Coulter
Linda, Vicky Hamilton's sister
Laura Inzano, friend of Marsha Moore
Jeanne Faulkner, friend of Marsha Moore
Taylor Merrill, Charles & Madelene Vestal's grandson
Evan & Danielle, Marsha Carey's son & daughter-in-law
Joni Wick, friend of Rich & Jean Arnold
MJ Paulsen



Prayers for those serving in the military and their families, especially:

Doug Huenneke
Gloria Sher Timothy Skinner

If you have family members who are currently in military service or the Peace Corps and wish to have their name listed in this section, please notify Meg in the church office.

Please Note: Names will remain on the Prayer List in the bulletin for four weeks, unless you notify the church office to remove them sooner. If you wish to have someone on the Prayer List for longer than four weeks, please notify the church office so the name may be added to the Long-Term Prayer List that is published in the church newsletter, *Window on the Hill*.



ATTENDANCE

| DATE | 8:00am | 10:30am |
|-------|--------|---------|
| 05/29 | 09 | 54 |
| 06/05 | 00 | 60 |
| 06/12 | 09 | 71 |
| 06/19 | 00 | 71 |



JULY 2022



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|-----------|--|--|-----------|-----------|
| | | | | 9:30 a.m. Quilts for Kids | 1 | 2 |
| 3 8:00 a.m. Worship 9:00 a.m. Sunday School 10:30 a.m. Sunday Worship | 4 Office Closed Independence Day Holiday Happy 4th of July! | 5 | 6 | 7 8:30 a.m. UMWF Breakfast @ IHOP 9:30 a.m. Quilts for Kids | 8 | 9 |
| 10 8:00 a.m. Worship 9:00 a.m. Sunday School 10:30 a.m. Worship 10:15-11:15 a.m. Youth Mission Project-Help for the Homeless Packs | 11 7:00 p.m. Committee Meetings Outreach Committee Meeting via Zoom 7:30 p.m. AA | 12 | 13 | 14 9:30 a.m. Quilts for Kids | 15 | 16 |
| 17 8:00 a.m. Worship 9:00 a.m. Sunday School 10:30 a.m. Worship | 18 7:00 p.m. Church Council 7:30 p.m. AA | 19 | 20 10:00 a.m. Shared Journey | 21 9:30 a.m. Quilts for Kids | 22 | 23 |
| 24 8:00 a.m. Worship 9:00 a.m. Sunday School 10:30 a.m. Worship 31 8:00 a.m. Worship 9:00 a.m. Sunday School 10:30 a.m. Worship | 25 7:30 p.m. AA | 26 | 27 | 28 9:30 a.m. Quilts for Kids | 29 | 30 |