



Open Hearts....

Open Minds...

Open Doors...

GREEN MOUNTAIN UNITED METHODIST CHURCH

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Lakewood, CO 80228

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WINDOW ON THE HILL MARCH 2022

Reverend Mark Thurman, Pastor

*Guiding members and friends to a fuller knowledge of GMUMC
through information, support, confirmation, praise, and celebration.*

Staff of GMUMC

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Nursery Director

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werkhoventc@aol.com



Mark's Musings

If my memory serves me, I received an email last month that I believe was sent by our own Chuck Thorman including several pictures of some of those wonderfully humorous (sometimes by accident) exterior church signs displaying service times and sermon titles and such. For example: 'Come Hear Our Pastor This Sunday. He's Not Very Good, But He's Quick.' Chuck knows how much I love music, so this was my favorite of the bunch, referencing two great hits from the classic rock era: 'The Fact That There's A Stairway To Heaven & A Highway To Hell Says A Lot About Anticipated Traffic Numbers.' And finally, there's this one: 'Lent Is Coming. Get Your Ash In Church.'

Green Mountain is always willing to help in any way we can so that you can get your ash in church, too; specifically, on **March 2, Ash Wednesday!** We are offering a choice of two services, in church: 12 pm (noon), and 7 pm. The service is brief (20 – 30 minutes) but will include the blessing of ashes followed by their imposition on the worshipper's foreheads (with Q-tips, as we did last year). I hope you'll join us as we begin this year's season of Lent in worship together.

Pastor Mark



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Green Mountain United Methodist Women
Sunrise Breakfast
Generally 1st Wednesday of Each Month
8:00 a.m. IHOP-Lakewood City Commons



Green Mountain United Methodist Church Finance

How to Increase your Giving without Costing you a Penny

As you can imagine, **GMUMC** has been suffering through COVID19 with our finances. We are very lucky to have bequests to cover our losses, but these bequests are limited and cannot be sustained over time. We all need to increase our giving, and here are a few ideas.

- ❖ If you are retired and have a retirement account (401K or IRA) from which you take an annual Required Minimum Distribution (**RMD**), you can have the trustee of the funds send directly from your accounts to the church and then you do not have to pay taxes on the withdrawal. If you increase the withdrawals to include the tax portion you would have to pay, you have even increased your giving without costing you a penny.
- ❖ If you are not yet retired but have stocks in your portfolio with capital gains, give the stock to the church. Avoid paying the capital gains taxes you would incur if you sold the stock. Your donation amount will be the market value of the stock at the time of your donation-your cost plus the increase in the value of the stock.
- ❖ If you do not fit into either of the above categories, I have another idea. Give up one coffee latte, a fast-food hamburger, or fast-food treat for each week of 2022 and give the saved money to the church. Not only will it benefit **GMUMC**, but it will benefit your waistline.

Jane Bernard, Finance Chairperson



Prayer Journey for Lent – Virtual Upper Room

Jean Arnold, Certified Lay Speaker

What will you give up for Lent? *How about 50 minutes of sleep once a week for 6 weeks? What new spiritual practice will you explore? How about simplicity? Watching the sunrise on a new day? How about giving up fear and moving to trust?*

This season, as we emerge from COVID (and learn to live with the ever-present virus and uncertainty), we will learn to move from Fear to Trust and from *perceived* Chaos to Simplicity. Jesus said: **“For where two or three gather in my name, there am I with them.”** Matthew 18:20 NIV.

Grab a cup of coffee (or tea) and join me weekly during the six weeks of Lent to dedicate ourselves to a time of prayer and meditation. **For six (6) Wednesday mornings at 6:05 a.m. during Lent: March 9 through April 13**, we will gather in our *virtual upper room* to pray and share stories both biblical and personal – of sorrow, fear, reflection, and joy. We will use *The Upper Room* as our guide. **You will find free copies of *The Upper Room in the narthex*.** The Upper Room is also available, free online at that the following link:
<https://www.upperroom.org/devotionals>.

If you cannot commit to all six weeks, please join when you can. Even if you do not have a copy of the *Upper Room* or access to the online version – call in anyway as we join our prayer voices together with Christians around the world by meeting in our *virtual* upper room for prayer time (I will be hosting the call): **1.800.430.1833; enter pass code 9626010#.** The call is free, and our prayer and meditation time will last for about 50 minutes.

Virtual upper room meeting schedule for Lent: March 9, 16, 23, 30 and April 6, 13, 2022 6:05 a.m.

Questions or need a copy of the meditation for the week: Call or email Jean Arnold – 303-257-2659 (cell) or jeanarnold@arnoldarnold.com.

From the Trustees: Live Streaming of 10:30 Service

Our 10:30 a.m. Service is now live streamed to watch on **YouTube** or **Facebook**. Over the next few weeks, the production will be fine-tuned as we evaluate and improve the format. We have two cameras, one over the rear door and one to the right of the sound booth. They are operated remotely by a technician in California. The company we have contracted with, **Live Control**, is sent the Sunday bulletin information so they know where and when to aim the cameras appropriately. The announcements and the words to hymns and prayers are projected onto the walls by our sound booth operator and are also streamed.

In addition to Sunday service, we have the option to stream private events such as a memorial service or wedding. These events are password protected so only those receiving the link can view. This capability is especially nice for those out-of-town relatives and friends unable to attend in person.

Search YouTube or Facebook to find our live stream or watch later if you aren't available on Sunday at 10:30. A big thanks to Ron and Jane Bernard whose expertise have gotten the streaming project underway and installed. Also, Calvin Mukarakate and Vince Allen have added to the effort. And...if you would like to join the sound booth team, please let Mark or Ron Bernard know. We could use a few more folks to join in the operator rotation!

GMUMC 2022 Trustees: Ron Bernard, John Morrison, Calvin Mukarakate, Karen Schmoker, Mike Coen, Mike Lyons, Aimee Johnson



Bobbi's Blessing Box

Bobbi's Blessing Box continues to serve our community. Outreach/Church & Society is supporting it with funds from Coralie Brown and shopping by Mary Bloomstran. Thanks to all who continue to add to it as you are able.

Mary has set up a box in the coat closet where you can add donations that might not fit in the box at the time you bring them. Especially if you buy large volumes of certain items, they might not all be needed in the box at once.

Here is a list of items that seem to be favorite:

Macaroni and Cheese
Peanut Butter
Soups - condensed and regular
Dry Pasta
Spaghetti Sauce
Salsa
Cereal
Oats
Meals in a Can - Sloppy Joe, Manwich, Spaghetti & Meatballs,
Ravioli
Rice
Beans - dry, canned, refried
Canned Vegetables - favorites Green Beans, Corn, Tomatoes,
Potatoes
Fruit - canned and single snack packs
Packets of Meals - Au Gratin Potatoes, Stroganoff, Hamburger
Helper, Skillet Meals

Ramen/Cup o Noodles
Canned Meats - Tuna, Chicken (or in packets), any type
Crackers
Milk - Dry or in a Carton (refrigerate after opening)
Sugar
Flour
Coffee
Tea
Salt/Pepper
Seasoning Packets
Snacks - single serving crackers, fruit snacks, pop corn
Jell-O - Gelatin and Pudding
Salad Dressing
BBQ Sauce
Candies

Thank you, Donna Bunker



Action Center Donations and Volunteer Opportunities

The Action Center is now taking all seasonal clothing donations and also donations of blankets and linens as well as non-perishable food. Visit their website for donation drive thru times.

The Action Center is always in need of volunteers, and you can sign up for just 3 hours at a time. Visit their website to find out about opportunities to volunteer in the clothing bank and food distribution.

<https://theactioncenter.org/get-involved/>



Bellissimo Handbell Group

Come join the fun and make beautiful music ♥

Bellissimo Handbell Group is looking for some new ringers. We practice on **Wednesdays, from 5:30 to 6:30 p.m.** No experience is needed, we'll teach you everything you need to know! We'd love to have you join us.



APRIL 2022 Newsletter items
due by the
**DAY AFTER CHURCH
COUNCIL MEETING**
email: mlnotari@msn.com &
gmumc@gmumc.com



SOLOS is a group of women, 55 and above, who meet socially on the 3rd Friday of the month, September through May.

If you have questions, please call

Linda Dahlke at (303) 984-1994.

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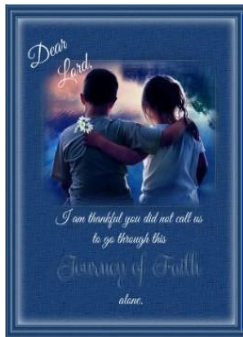
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SHARED JOURNEY

Our support group for caregivers with loved ones experiencing dementia is open to all. We meet on the 3rd Wednesday of the month. Place to be determined.

For more information, contact Sonya Noyes 303-985-9522.

Support Green Mountain United Methodist Church.

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Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)

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A gentle reminder that GMUMC benefits from online purchases made on Amazon by designating GMUMC as a charity when you shop at smile.amazon.com.

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Habitat for Humanity has long been a vital service project at GMUMC. We are currently in need of someone to represent our church with Jeffco Interfaith Partners to serve as our liaison for communication, building projects and fundraising efforts. A huge thank you to Mark and Lori Osborn for their outstanding leadership in this position in recent years! Please contact Mary Bloomstran with questions or for more info or the church office at 303-989-3727.



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Cedar Hill Community Garden at Green Mountain United Methodist Church

(part of Denver Urban Gardens (DUG) community gardens)

The garden is always unlocked, so please feel free to visit anytime.

"Planting seeds for the future."

Jean Arnold, Outreach and Garden Liaison

The vision: Feeding our community. *"I hope that time spent in the garden can grow not only sustainable food but a community from diverse people and foster a sense of place that brings peace."* Lori Osborn

It's Ground Hog Day!! Well, at least a few weeks past, on February 2nd, and since Punxsutawney Phil saw his shadow, we're still looking at 6 more weeks of winter. The garden will start waking up in March as we add more leaves to sheet composting, we started in the fall. By the way, thank you for the leaves.

Spring is also the time for our spring plant sale – along with the choirs. So, watch for more information to come in April. Visit the shade pergola and sit in the waking garden in March and watch for those early signs of spring. The pollinator garden is filled with perennials, and you can observe nature's progress. All are invited to come into the garden for a respite and to just *be* – *no matter the season*.

Garden plots. If you would like a garden plot for the 2022 growing season, please contact co-garden leader **Ali Young** (mustang.ali@hotmail.com) to be added to the wait list. Once the wait list reaches 10 people, we will close the list until the 2023 growing season. We expect to have 2-4 plots available in the 2022 season. Ali is coordinating garden plot assignments.

What we need:

- **Garden tools** – As you start working in your own garden – or you are downsizing – please think of the Garden and donate your used hand tools, rakes, shovels, wheelbarrows, etc. Any extra tools will be donated to DUG for other Community Gardens this spring.
- **Bricks** – The brick ongoing fund raiser. We anticipate installing the bricks in the spring/summer now that the fencing, compost bins and shade pergola are in (see below).

Denver Urban Gardens (DUG) Construction.

The bricks will be installed by a professional contractor, who met with Jean Arnold in August 2021. And we can continue to install bricks where we have blanks into the future.

Check out the website (under construction by co-garden leader Stacey Cummins) at:

<https://communitygardengmu.wixsite.com/cedarhill>



Fundraising Bricks

Lori Osborn and **Jean Arnold** will be in contact with you if you have not provided the "words" you want on your bricks. We will be ordering bricks for delivery a few weeks before they are to be installed. If you have not ordered a brick but have been meaning to do so – it's not too late. Contact **Lori Osborn**.

You can order bricks at any time to support the garden. The bricks will be installed once the heavy work is done. Please contact **Lori Osborn** (lorioho@icloud.com) or 303-986-8802 to purchase a brick. Order forms are on the program table outside the Gathering Place.

- \$100 per 4 X 8 brick + \$10 for clip art.
- \$200 per 8 X 8 brick + \$10 for clip art.

King Soopers Community Rewards



As many of you know King Soopers has ended its gift card program. In its place, they have initiated the Community Rewards Program. This is a just a reminder for those of you who need to link their SooperCard, so that the church will still be getting money for your shopping at King Soopers. You will need to create a digital account by going to www.KingSoopers.com/CommunityRewards.

You will then select **Create an Account**. Under sign-in information, enter your email and create a password (write down your password, you will need it in step 2). Select 'Use Card Number' and enter your SooperCard Number or Alternate ID, last name and zip code. Under 'Select your Store', enter your zip code and then select 'Find Stores'. Choose your store and then select 'Create Account'. Once you get the welcome email, then you can go back in clicking on the link in the email and finish creating your account. Then click on the Community Rewards link on the left hand side and either search by Green Mountain United Methodist Church or use this number to find us: RK117, which is our organization code. Any questions, please call the church office for assistance.



CHILDREN'S NEWS

MARCH



Come join us for Sunday school March 6th! We will be having a fun Mardi Gras celebration to show the kids how we prepare for the Lenten season! We will be making mask and kings crowns and enjoy a King Cake!

March 20th we are going to celebrate St. Patrick's day and learn how St. Patrick became the patron saint of Ireland. We will enjoy some green treats and make a fun green craft!

The nursery is open!! Please bring your little ones and let them take part in learning as well! Ms. Cherie has been back since January 9th and would love to see more babies!

I still am always looking for volunteer Sunday school teachers! I have been running it the last two years and I am sure the kids would love to learn from some other people too;) please come and be a part of the children's excitement to love and serve the Lord!

Also, if your child would be interested in playing handbells, please reach out to Ms. Janet Starkey or myself and we will get them going!

As always, thank you all so much for all you do!

Kelli Schnase
Children's Director





GMUMC
March 2022
Grades 6 – 12

Sun, March 6th NoBODY is Perfect 6 - 7:30 PM

Is there something about your body you struggle with? Do you love the skin you're in? From fancy filters to photoshopped social media, we get a lot of pressure to look and be perfect! Tonight let's look at body image and self-esteem. How can we find peace in a world of fake perfection?

Sat, March 12th Helping Teens Thrive...Together 10 AM - 12 PM

This FREE online event is for teens & the adults who support them. More details below!

Sun, March 13th Game Night 6 - 7:30 PM

How hard can you laugh tonight?! We are having a game night with lots of outrageously fun games! Friends are always welcome!

Sun, March 20th Movie Night 6 - 8:00 PM

Who is ready to kick back and relax with a fun movie?! Douglas County AND Jeffco are on Spring Break so let's enjoy some de-stressing together!

Sun, March 27th No Youth

Enjoy Spring Break with your families!

IMPORTANT DATES:

April 10th - (Palm Sunday) Game Night

April 17th - Easter (No Youth)

May 1st - Program Night

(Sat) May 7th - Walk MS

May 8th - Mother's Day (No Youth)

May 15th - Coping Strategies Program

May 22nd - End of Year Bash

May 25th - Last Day of School

If you have any questions please contact Alex at: 303-882-0006 or email: alex@gmumc.com

OUR SERVICE, CONCERNS, & CELEBRATIONS



Kanghyun Choi	03/01
Barbara Tobiska	03/02
Benjamin Schlieper	03/03
Patricia Murphy-Geiss	03/03
Keith Phipps	03/04
Ken Bullard	03/04
Sierra Arnold	03/05
Eloise Hollyfield	03/06
Bob Schneider	03/07
Anna Chevalier	03/09
Paul Morrison	03/09
Aimee Thomas	03/11
Sonya Noyes	03/12
Jane Bernard	03/13
Melissa Sussman	03/14
Allaina Christy	03/19
Karen Harmon	03/19
Robin Ramsouer	03/19
Ronald Dare	03/19
Amy Evans	03/20
Sylvia Durham-Polinski	03/20
Lise Jones	03/21
Christopher Carey	03/22
Donald Falvey	03/22
Alex Horne	03/25
David Cutler	03/25
Richard Stoddart	03/26
Penelope Mukarakate	03/27
Alexandria Neve	03/31
Barbara Smith	03/31
Julie Camper	03/31
Randy Hise	03/31

Youngmin Choi & Joo Sil Kim	03/08
Carl & Charlotte Worster	03/12
Randy & Aimee Johnson	03/16
Stan & Johnnie Sheeley	03/18
Keith & Jewell Phipps	03/19
Bob & Laurie Walcott	03/23
Ardon & Meg Leak	03/25
Cristian & Jennifer Borcan	03/31



From the family of Gary Starkey

A big thank you to the congregation for your love and support since Gary's passing in December. I was flooded with cards with heartfelt messages, plus many hugs each Sunday. Another thank you for all that attended his service, whether in person or in spirit.

A special shout-out to Pastor Jean for making that 8-hour drive from Cortez, she made the Celebration of Life extra special and very meaningful. And a big thank you to Pastor Mark for being gracious and allowing Jean to conduct the service.

Our family also appreciates the donations made by several people to the Heart of Hope Foundation.

A POEM by Don Bunger

I had a fall the other day
And about that fall I've this to say:

The ice was slick
The concrete hard
To keep this short
It left me scarred.

My back was hurt
My forehead mashed
My arm was scraped
And my glasses trashed

I've been checked out
And I have this to tell

Nothing is broken,
But it hurts like HELL!

To all my friends
Please take this advice
Be safe, be careful,
And stay off the ice!



Our Care Corner

Keeping Our Promises

By Upholding the Church with...

Our prayers, our presence, our gifts, and our service.



For those who have experienced loss: The Family of:

Jill Careau, Vanessa Arnold's cousin
Cathy Sheldon, Ken Bullard & Brenda Molé's neighbor
Shirley Shadrick, Betty Walker's sister
Andy K. Mann, Nancy Elwood's nephew
Max Crist, MaryJane Eddy-Scott's nephew
Michael Pireda, Donna Boyea's father
Pat Miller, Melissa Sussman's mom
Richard Seip, Anna Myer's brother
Doug Ehrlich, friend of Rich & Jean Arnold
Jeffery High, Barbara Stoddart's cousin

Church Members:

Don Bunger Patti Hildenbrandt Brian Lewis
Charles Vestal Charlie Oleson Shirley Allison
Charlotte Worster Charlotte Knox

Family of Church Members:

Ron Snodgrass, Pat Harris' son-in-law
Jeanne Haemmelmann, Chuck Thorman's daughter & Lynn
Smithpeter's sister
Sue Powell, Karlynn Cory's aunt
Betty Cory, Karlynn Cory's mom

Friends of Church Members:

Alan Hood, friend of Chuck Thorman

Remember these people in your prayers. Let us continue to pray for:

Nicholas Billman, friend of Vestals
Virginia Sorenson, sister-in-law of Frank & Roxanne Penn
Cherie Williams, friend of Jean
Jerry & Linda Seiner, friends of Vestals
Susan, daughter of Anna Myers
Cody Wirth, friend of Brenda Christy
Caroline Clovesko, Kristen Allen's mother
Bernice Arsenault, mother-in-law of Francis Arsenault
Patrick Wendy, relative of Marcia Johnston-Walden
Rev. Bob Titus
Ashlie Torbic, young friend of Thayne & Sherry Coulter
Linda, Vicky Hamilton's sister
Laura Inzano, friend of Marsha Moore
Jeanne Faulkner, friend of Marsha Moore
Ashley Osborn, niece of Mark & Lori Osborn
Taylor Merrill, Charles & Madelene Vestal's grandson
Evan & Danielle, Marsha Carey's son & daughter-in-law
Joni Wick, friend of Rich & Jean Arnold
MJ Paulsen

Please Note: Names will remain on the Prayer List in the bulletin for four weeks, unless you notify the church office to remove them sooner. If you wish to have someone on the Prayer List for longer than four weeks, please notify the church office so the name may be added to the Long-Term Prayer List that is published in the church newsletter, *Window on the Hill*.



Prayers for those serving in the military and their families, especially:

Doug Huenneke
Gloria Sher Timothy Skinner

If you have family members who are currently in military service or the Peace Corps and wish to have their name listed in this section, please notify Meg in the church office.



ATTENDANCE

DATE	8:00am	10:30am
01/30	1	77
02/06	6	70
02/13	2	70
02/23	5	66