



Open Hearts....

Open Minds...

Open Doors...

GREEN MOUNTAIN UNITED METHODIST CHURCH

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WINDOW ON THE HILL JUNE 2021

Reverend Mark Thurman, Pastor

*Guiding members and friends to a fuller knowledge of GMUMC
through information, support, confirmation, praise, and celebration.*

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Mark's Musings

It appears that yoga has replaced Yahweh as an object of devotion for many of our nation's young folks. I'm guessing most of you are probably familiar with the practice of mindful meditation among the same- an intentional focus of one's attention away from troubling thoughts and towards one's breath or spirit. And you might even consider this kind of stuff to fall under the category of new-age religion. But would you be surprised to discover that some the earliest Xns, known as the Desert Saints, engaged in a similar practice, an ancestor of 'modern' meditation?

Beginning in the 3rd century, a group of believers retreated to the deserts of Egypt and the surrounding area for the purpose of spiritual growth. Foremost among their practice was that of controlling one's thoughts, for they had experienced that when the imagination is left uncontrolled it elicits thoughts and ideas which have the ability to hold our minds hostage, and with often worst-case scenarios like ruminating about past regrets or worrying excessively about the future.

"Take care of yourself," the ancient desert saints caution, "be the gatekeeper to your heart and don't let any thought enter without questioning it." And to accomplish that (although they would remind us that God's Holy Spirit within us actually does the work; we simply surrender to that higher purpose) they composed a very simple prayer to recite whenever they needed help, a prayer employed by many of the Eastern Orthodox Christians to this very day: 'Lord Jesus Christ, have mercy on me, a sinner,' or its shortened version, 'Jesus, mercy.' Imagine how it would blow the minds of the millennials in your family to learn that you, too, have learned a mantra in church to use throughout the day as a mindful meditation, guarding the mind & heart from unwelcome voices: 'Jesus, mercy.'

Thoughts will come and go, but you don't have to travel with them. Let our state of mind be like that of a hotel doorman, who lets the guest in, but doesn't follow them up to the room; nor when they are let out, journey with them to their next appointment. The doorman simply greets them all, then lets them go about their business, while he returns to simply watching the door. What is your attention following and where does it lead you, particularly in moments of challenge or adversity? What difference would it make this month if instead, as the old hymn suggests, you 'turn(ed) your eyes upon Jesus?' The composer, Helen Lemmel, claims that 'the things of earth will grow strangely dim in the light of his glory and grace.'

Pastor Mark

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*The point of a faith community is not to **think** alike, but to **think** together.*

STEVE'S STUFF

Questions? – please see me, email swalden@gmumc.com, or call 303-989-3727. Thank You!

June 2021

On the Horizon...

As I departed in early May, two new ideas were percolating via a guest speaker for Herd Sanity...Civic Saturday's (getting back to values based, community building communication) and involvement with the Better Arguments Project (arguments and debates are part of democracy – but high-volume, scorekeeping, finger-in-the-face-shaking, though part of our history, are not a part of our progress).

With the guidance of community advocate Christopher Arlen, and the co-host support of Green Mountain UMC we hope to move these programs – and the quality of our human-centered conversations – forward.

Thank you to Herd Sanity Souls for helping develop these opportunities in my absence. Please watch for news... Note: I will be taking time away starting in May to attend to family matters.

As of this early May writing, Herd Sanity & Hilltopper's had decided to continue zoom gatherings...for updates on eventual room use please contact the church office.

Sunday "Classroom zoom" schedule:

Hilltopper's – 8:45 a.m. – 10:00 a.m.

Herd Sanity – 9:00 a.m.—10:10 a.m.

Group \$ support efforts: NarSarah Clinic - \$4,201;

Kiva Microloan Group - \$35,075 (1,294 loans).



All in-person church activities have been cancelled until further notice.



Green Mountain United Methodist Women
Sunrise Breakfast
Generally 1st Wednesday of Each Month
8:00 a.m. IHOP-Lakewood City Commons

FROM THE TRUSTEES

The Spring Grubby Sunday will need to be cancelled, but the bushes and plants did not stop their growing cycles during COVID. So.. We need your help with bush trimming and cleaning the columbarium if you have the time and inclination to come by the church with your favorite clippers, a trash bag, other outdoor tools, etc. The grasses immediately need trimming on the north side and at the west door soon! Meg can buzz you into the church Mon-Thurs. if you want to get electricity. We will leave a trash can outside the west door and of course, the dumpster is always available. Call Karen Schmoker with questions: 720-552-2723. Thank You.

Church Security is Everyone's Responsibility

"A safe and secure church means that all of the People, Places, Property, Programs, and Processes of the place of worship are functioning in a way that is as free from the potential for harm as possible, twenty-four hours a day, every day, in every service and activity. At the same time, leaders, volunteers, and congregants are ready to respond to a threat or emergency of any kind, to get assistance and to help themselves and others."

Tina Lewis Rowe, 2015

To this end, the Trustees of Green Mountain United Methodist Church have attended local law enforcement meetings on church security, consulted church security videos and publications, and analyzed GMUMC's current security situation with our Lakewood Police. However, the following items should be noted by all members as we do what we can to keep GMUMC a safe place to be. Thanks.

- Members should report to the church staff or Lakewood Police any security situations such as (1) persons or family members having issues against church and/or staff and (2) persons having issues with church members that could seek revenge against them at the church. Reports can be anonymous. Intervention procedures will be initiated by either church staff or police, as necessary.
- Know where the exits are from the sanctuary and other areas of the building. Exits from the sanctuary are:
 1. The main doors at the back of the sanctuary.
 2. The door along the east wall (nearest the organ) leading to the Fireside Room patio doors and stairway to the exit on the lower level.
 3. The exit door near the bell tables leading to the columbarium and the stairs to the Fellowship Hall on the lower level.
- Do not prop doors open in any way. Those folks arriving late for a meeting should have a cell phone number for someone already at the meeting.
- In case of a security situation remember – *Run, Hide, Fight*.

New Church Directory Coming



After the church is back in session and on our normal schedule, we will be asking for pictures, correct addresses, phone numbers and email addresses. There are hard copies of the updated present directory, printed without pictures and just stapled together, available at the church. Just call the office and go by to pick up a copy. In the meantime, please make sure that the church has all of your current information and tell Meg about any changes.



Action Center Donations and Volunteer Opportunities

The Action Center is now taking all seasonal clothing donations and also donations of blankets and linens as well as non-perishable food. Visit their website for donation drive thru times.

Also – they will be holding the annual **Beautiful Junk Sale** in September this year. Please plan to attend this event on the **weekend of September 17-2021**.

The Action Center is always in need of volunteers and you can sign up for just 3 hours at a time. Visit their website to find out about opportunities to volunteer in the clothing bank and food distribution.
<https://theactioncenter.org/get-involved/>

News from the Cedar Hill Community Garden

at Green Mountain United Methodist Church, the garden is part of Denver Urban Gardens (DUG) community gardens.

“Planting seeds for the future.”

Jean Arnold, Outreach and Garden Liaison

The vision: Feeding our community. *“I hope that time spent in the garden can grow not only sustainable food but a community from diverse people and foster a sense of place that brings peace.”* Lori Osborn.

All of the garden plots are in the process of being assigned; we are working through our waitlist; and we’re ready for another planting, growing, and harvesting season.

The Garden is growing – even over the winter. The fence is in (take THAT you pesky rabbits!); the new shed is installed, compost bins and a bench. There is still work to do on the interior garden paths and the upcoming summer professional installation of bricks, a pergola for shade and additional benches in the teaching area by the pollinator garden. We are still in need of signage and have a “dream” of a *little reading library* (in honor of Jefferson County Librarian, church member and benefactor Coralee Brown) at the entrance to the garden.

What we need:

- **Garden tools** – As you start to garden this spring - please think of the Garden and donate your used hand tools, rakes, shovels, wheelbarrows, etc. We would like to stock the sheds over this spring and be ready for spring planting. Any extra tools will be donated to DUG for other Community Gardens.
- **Bricks** – The brick fund raiser is still on going. We anticipate installing the bricks this summer. Please contact Lori Osborn if you would like to purchase a brick, the garden’s ongoing fund raiser.
- **Labor** – Contact **Jean Arnold** if you are available to volunteer to install rabbit barrier below the fence line this spring/summer. I have heard from many of you and have your names, so you do not have to contact me again. We may have a local Scout Troop interested in helping with this project.

Note: the garden will remain unlocked. Feel free to visit at any time.

Fundraising Bricks. **Lori Osborn** will be in contact with you if you have not provided the “words” you want on your bricks. We will be ordering bricks for delivery a few weeks before they are to be installed. If you have not ordered a brick but have been meaning to do so – it’s not too late. Contact **Lori Osborn**.

You can order bricks at any time to support the garden. The bricks will be installed once the heavy work is done. Please contact **Lori Osborn** (lorioho@icloud.com or 303-986-8802) to purchase a brick. Order forms are on the program table outside the Gathering Place.

- \$100 per 4 X 8 brick + \$10 for clip art.
- \$200 per 8 X 8 brick + \$10 for clip art.

Check out the website (under construction by co-garden leader Stacey Cummins) at:

<https://communitygardengmu.wixsite.com/cedarhill>



FINANCE COMMITTEE

For the month of April, we had income of \$38,643.84, and expenses of \$34,352.50, for a positive income of \$4,291.34 for the month. Our current overall balance, as of the end of April, is -\$14,705.26. Much of this negative balance is due to necessary expenses. We realize that a lot of you are still recovering from pandemic issues, but any extra offerings would be greatly appreciated. And as always, thank you for your continued financial support of GMUMC.

Thanks,
Greg Hise & Jane Bernard
Finance Co-chairs

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Methodist Church.**

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<https://smile.amazon.com/ch/84-0534933>

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YOUR
ARTICLES

JULY 2021 Newsletter

items due by
Sunday, June 20,
2021

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I am excited to announce over the summer, we are going to offer outdoor Sunday "Fun" day activities for the children for certain Sundays! So, mark your calendars!!!

June 13th- Ms. Jean

June 20th- Alyssa

July 11- Ms. Stacey

July 18- Alyssa

July 25- Ms. Jean

August 1- Alyssa

August 8- Ms. Jean

August 15- Ms. Jean

Each teacher has selected different activities to learn about God and have some outdoor fun 😊



Online mini lessons will be provided for families still hesitant with social outings until August 15th as well!



Our Earth Day event brought in 6 children who made beautiful wind chimes (thanks Alyssa Olson), seed bomb (thank you Stacey Cummins), rock painting for the community garden (thanks Jean Arnold), edible dirt and worms for treats and fun in the sun ☺☺ (thank you Steve and Marcia) for being helpers!!



Hopefully, we will be able to start Sunday School up on a regular basis in September! 🙏





Sun, June 13th **Games in the Park** **6 - 7:30 pm**

Wahoo!!! You made it through the craziest school year EVER!!! Congrats to our seniors who will be going to college in the fall! Now it is time to rest, relax, and recharge. We haven't been able to see each other all together in person for over a year! What better way to celebrate summer than getting together for GAMES!?! We will still wear masks and try to socially distance while we play together! Great job getting vaccinated too!

Week of July 25th to August 1st **Mission Project** **Time TBD**

Mission Project is back! After all the stress and challenges of quarantine, let's have fun while serving others!

July / August **Fire Pit Party** **Date TBD**

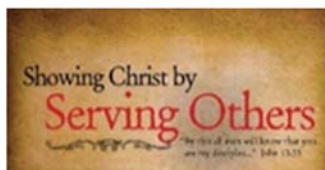
Since we haven't done devotions in person in a long, LOOOONG time, let's bring back the connection around the candle in an epic kind of way. Let's have a fire pit party! Bring masks and snacks to enjoy around the blaze! We will try to schedule this around family plans and the start of school so we can all be together. Keep an eye out for texts about more park game nights and fire pit parties!

****Programming may change based on church & community efforts to keep everyone as healthy as possible! Please continue to take care of yourselves, consider vaccination, and avoid exposure to COVID-19.****

If you have any questions please contact Alex at: 303-882-0006



OUR SERVICE, CONCERNS, & CELEBRATIONS



Janice Ramsthaler	06/01
Carol Schattinger	06/04
Taylor Neve	06/04
Garth Scholl	06/05
Rilene Thompson	06/05
Julia Montano	06/06
Phyllis Wittrup	06/06
Dee Morse	06/07
Katie Bernard	06/08
Michael Coen	06/09
Renee Parker	06/09
Erik Evans	06/10
Vicky Hamilton	06/10
Marge Rudolph	06/11
Sherry Coulter	06/11
Aaron Nichols	06/12
Sharon Berry	06/12
Bonnie Haase	06/14
Chuck Thorman	06/14
Phyllis Parker	06/16
Allan Arnold	06/17
Jacob Olson	06/17
Isaac Wondel	06/18
Bob Walcott	06/19
Jack Branscome	06/19
Danielle Scholl	06/20
Harry Thomas	06/21
Brooke Berry	06/23
Cassie Gillis	06/23
Brian Snow	06/24
Zach Powers	06/25
Eric Morrison	06/26
Mark Thurman	06/26
Jackson Fleck	06/27
Quinn Bride	06/30

Walt & Marge Rudolph	06/02
Christopher & Marsha Carey	06/08
Doug & Mary Wylie	06/08
William Thomas & Mary Bloomstran	06/09
Joel & Lorna Chapa	06/12
Emery & Carol Schattinger	06/12
Dee & Jody Moore	06/14
Ken & Brenda Bullard	06/18
Duane & Kathy Patterson	06/20
Gary & Dixie Bowker	06/21
Ruth Alminas & Andy McGarry	06/25
Harold & Karen Harmon	06/26
Frank & Velda Walters	06/26



CONGRATULATIONS!

Congratulations to Cadence Allen, Marisabel Santistevan, and Lukas Horne on their graduation and reception of GMUMC scholarships.

Cadence received the Barb Thorman scholarship
Marisabel is the recipient of the GMUMC scholarship
Lukas received the Walt & Marilyn Skillern scholarship

GMUMC extend our Best wishes to all of you in your future endeavors.



Emily, Patti Hildenbrandt's granddaughter, has shown so much improvement, that she no longer needs her wheelchair. Thanks to all who have prayed for her recovery.

Our Care Corner

Keeping Our Promises

By Upholding the Church with...

Our prayers, our presence, our gifts, and our service.



For those who have experienced loss: The Family of:

Marlene Notari, Mary Lou's mother-in-law & Kris' grandmother

Don Simms, Patti Hildenbrandt's brother-in-law
The 12-year old boy, killed at Ken Caryl & Simms,
neighbor of the Arnolds
Terry Elwood, Nancy Elwood's brother

Church Members:

Georgia Lewis Rhonda Renaud MJ Paulson
Neomi Hilton Charlotte Harding Charlie Oleson
Shirley Allison Charlotte Worster
Alex Neve Charlotte Knox

Family of Church Members:

Emily, granddaughter of Patti Hildenbrandt
John Dietz, Tom Cummins' brother-in-law
Louise Simms, Patti Hildenbrandt's sister

Friends of Church Members:

Catherine Sheldon, friend of Ken Bullard &
Brenda Molé
Craig Champlin, friend of Karlynn Cory

Remember these people in your prayers. Let us continue to pray for:

Richard Seip, brother of Anna Myers
Nicholas Billman, friend of Vestals
Virginia Sorenson, sister-in-law of Frank & Roxanne Penn
Cherie Williams, friend of Jean
Jerry & Linda Seiner, friends of Vestals
Susan, daughter of Anna Myers
Cody Wirth, friend of Brenda Christy
Caroline Clovesko, Kristen Allen's mother
Kinsasha & Kahlia Zamora, great-granddaughters of
Edith Gammon
Bernice Arsenault, mother-in-law of Francis Arsenault
Patrick Wendy, relative of Marcia Johnston-Walden
Rev. Bob Titus
Ashlie Torbic, young friend of Thayne & Sherry Coulter
Linda, Vicky Hamilton's sister
Laura Inzano, friend of Marsha Moore
Jeanne Faulkner, friend of Marsha Moore
Ashley Osborn, niece of Mark & Lori Osborn
Taylor Merrill, Charles & Madelene Vestal's grandson
Evan & Danielle, Marsha Carey's son & daughter-in-law
Joni Wick, friend of Rich & Jean Arnold
Glenn, Jane Bolton's brother
Linda Carter, Betsy Lee's sister
Joel Chapa, Lorna Chapa's husband
Lucille Gomez, Pete Gomez's mom



Prayers for those serving in the military and their families, especially:

Doug Huenneke
Gloria Sher Timothy Skinner

If you have family members who are currently in military service or the Peace Corps and wish to have their name listed in this section, please notify Meg in the church office.

Please Note: Names will remain on the Prayer List in the bulletin for four weeks, unless you notify the church office to remove them sooner. If you wish to have someone on the Prayer List for longer than four weeks, please notify the church office so the name may be added to the Long-Term Prayer List that is published in the church newsletter, *Window on the Hill*.



ATTENDANCE

DATE	ATTENDANCE
04/25	46
05/02	46
05/09	49
05/16	48
05/23	64